

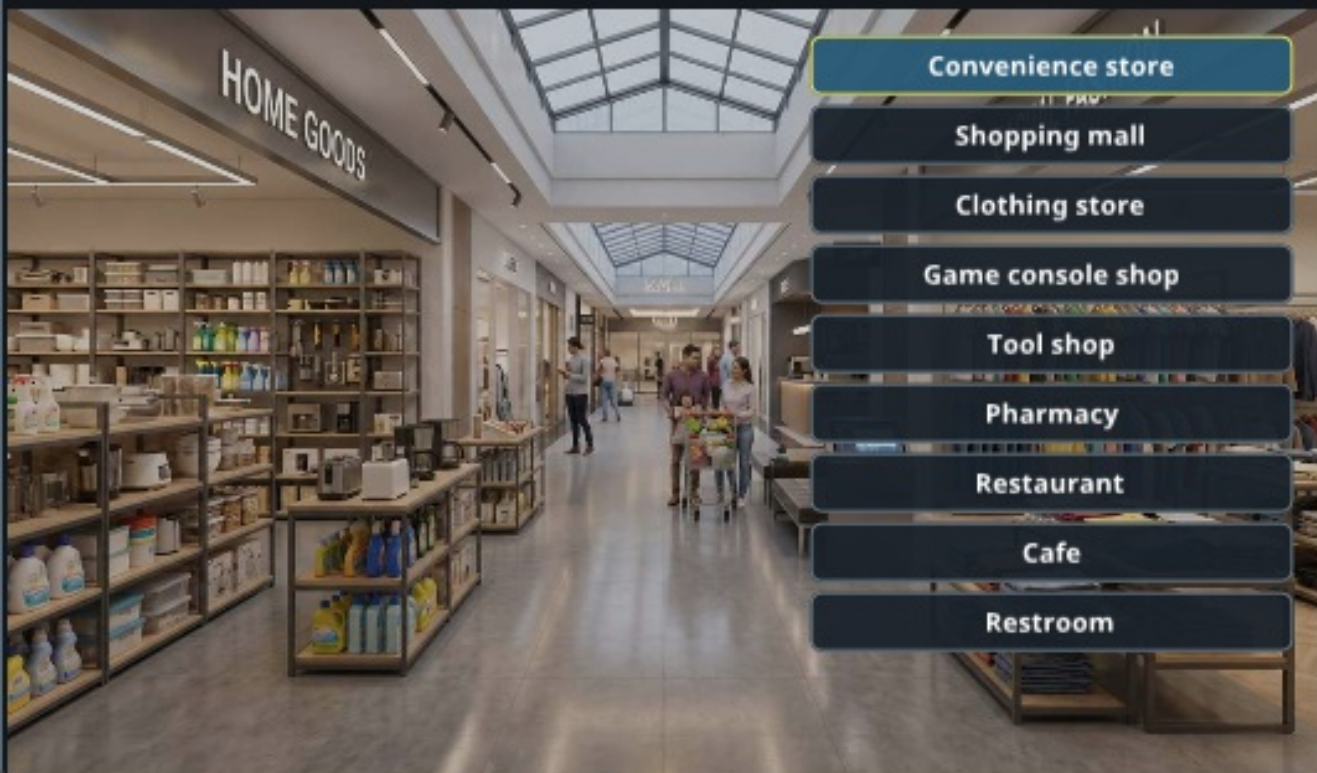
ROADLIFE

FIELD MANUAL

Life beyond the delivery.

Driver wellbeing. Everyday essentials.
Places, equipment and a life on the road.

Shopping mall / selected fictional companies



17 CHAPTERS / 29 PLACES / 846 ITEMS

ENGLISH EDITION / A4 PORTRAIT

16 OCTOBER 2026

ATS + ETS2

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Start your next trip

GO

A short routine for a healthier driver and a more reliable truck.

01 Before you drive

Check food, water, rest time and health. A damaged maximum-health ceiling requires different care from low current health. Carry supplies and keep some cash for treatment and repairs.

02 To use an item

Stop safely, switch the engine off and apply the parking brake. Open Tab, select your item and press E. Only eligible foods and drinks can be consumed with the driving shortcuts.

03 At your destination

Use Z to leave the cab. Move with W/A/S/D and interact with E. For a place that needs recognition, use T. Registered locations may offer direct entry within their interaction radius.

04 Before the next delivery

Inspect the maintenance sheet with B. Use a clinic for injuries, a restroom for hygiene and a safe stop or lodging for rest. Open Delete to review active effects.

Keyboard essentials

KEY	ACTION
INS	Open / close the field manual
Tab	Inventory; manual tabs when the manual is open
W / A / S / D	Move on foot
E / Q	Confirm or interact / close a popup
Z / F8	Exit the cab / emergency return
T	Recognize a place
B / Ctrl+B	Maintenance checklist / service menu
X	Personal hygiene / utility water near your truck
C	Relief action; emergency drink in its own popup
, / .	Eligible food / drink while driving
Delete	Active effects; discards an item inside inventory
Enter	Rest when the stop conditions are met
\	RoadLife settings
F10 / F / N	Fly mode / wall collision / HUD visibility

This edition uses default RoadLife bindings. Reassigned keys and the base game activation binding can change what you need to press. The in-game footer shows the current controls.

Overview

01

Read the HUD and understand the driver condition.

The HUD at a glance

Each gauge tells a different story. A high value is not always good: toilet need and maintenance count are warnings rather than reserves.

Weather / outside

Outside temperature; rain, sunshine and clothes change how it feels.
Prolonged heat or cold can harm your health.
Dress for the weather and use the truck heater or air conditioning.

Cash

Pays for food, water, treatment, repairs and leisure.
Low funds make essential supplies and treatment harder to afford.
Earn money on deliveries and keep some for food, care and repairs.

Time until rest

Time remaining before you need a rest.
Starvation, dehydration and poor health make fatigue build faster.
Stop safely and sleep or use lodging before your time runs out.

Health

Depleted health makes fatigue build much faster.
Major crashes lower both current health and its recoverable maximum.
Food and sleep help; visit a clinic for injuries and lost maximum health.

Happiness

A good mood helps recovery; hitting rock bottom causes depression.
Depression lowers maximum health; a better mood alone will not cure it.
Enjoy meals, sightseeing and leisure; get depression treated at a clinic.

Felt temperature

How warm or cold your body feels; the middle is comfortable.
Extreme heat or cold harms health and can cause illness.
Adjust clothes, food, drinks and the truck heating or air conditioning.

Satiety

A higher gauge means a fuller stomach.
Severe hunger gradually drains health and makes fatigue build faster.
Eat from Tab; prolonged starvation also lowers maximum health.

Hydration

Shows whether your body has enough water.
Severe dehydration drains health and makes fatigue build faster.
Drink from Tab; prolonged dehydration also lowers maximum health.

Toilet need

Low means comfortable; high means you need a toilet.
Holding on at the limit can cause an accident, harming health and truck hygiene.
Find a toilet early; outdoor relief costs personal hygiene and happiness.

Personal hygiene

How clean your body is; staying very dirty harms health.
Buy utility water, step out near your truck and wash with X.
A restroom shower restores hygiene and its reduced maximum.

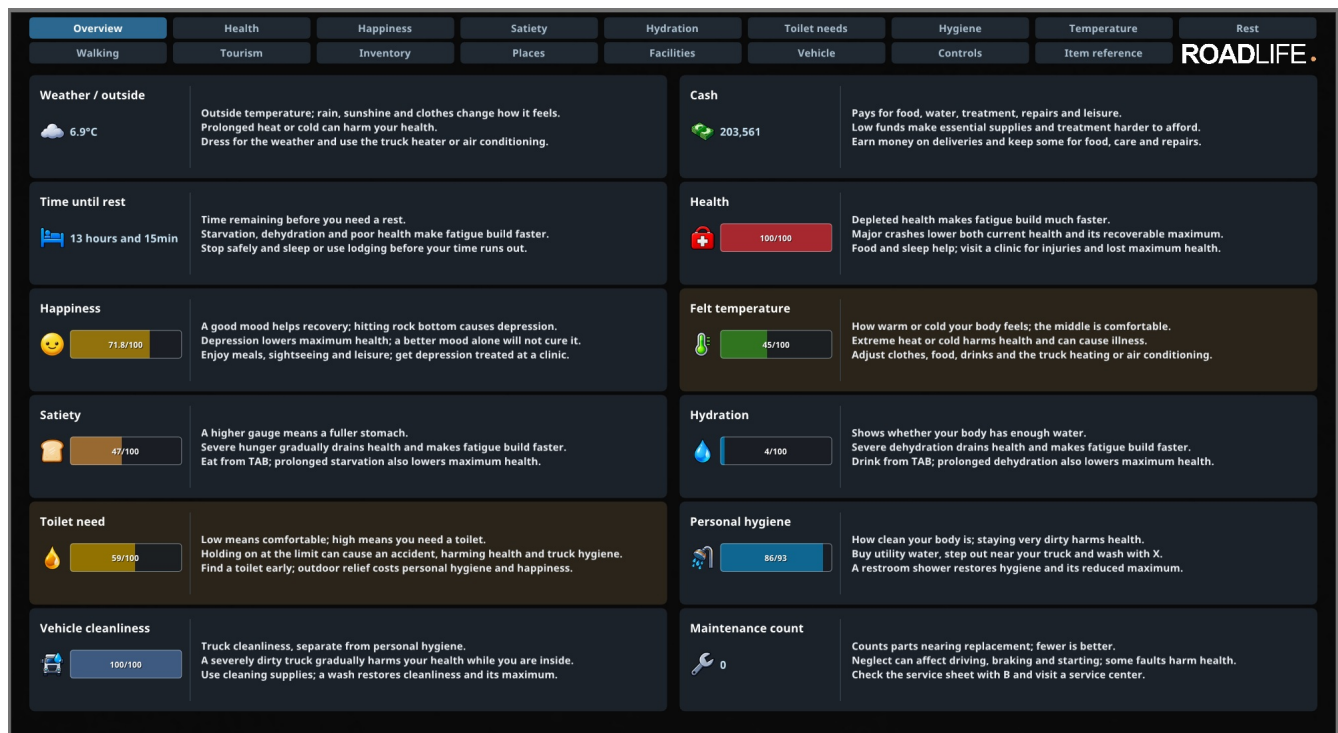
Vehicle cleanliness

Truck cleanliness, separate from personal hygiene.
A severely dirty truck gradually harms your health while you are inside.
Use cleaning supplies; a wash restores cleanliness and its maximum.

Maintenance count

Counts parts nearing replacement; fewer is better.
Neglect can affect driving, braking and starting; some faults harm health.
Check the service sheet with B and visit a service center.

Recognizing the in-game layout



The Overview tab in the supplied captures. Values are examples from a running game; they are not recommended targets.

Health

02

Current health, recovery ceilings, collisions and treatment.

Health: crashes, zero and full recovery

WHY IT MATTERS

Health is the driver's condition. Current recovery and maximum repair are separate. At zero health, the default adds one fatigue minute per game minute (+100% extra). Food and sleep alone may leave injuries and ceiling damage requiring treatment.

01 Current and maximum health

Health 57/66 means current health 57 and an effective recovery ceiling of 66. Food, personal care, some medicines and sleep can restore current health without necessarily increasing that ceiling.

Major-accident injuries, prolonged starvation or dehydration, poor hygiene, colds, extreme temperatures and depression affect maximum health. Use a clinic, prescribed medicine or maximum-health items when the ceiling is damaged. At happiness 80 or more, some current-health recovery gains 10%; this is distinct from maximum-health recovery.

02 Collisions and injuries

RoadLife detects collisions from increased vehicle wear. Default minor collisions cost 2 current-health points and major collisions 15. A major collision can add an injury to a previously uninjured body part; each new injury normally lowers maximum health by 10.

Neck, back, head, both arms and both legs can be injured. The same injury is not added twice, but different injuries accumulate. Protective gear and registered first-aid items can reduce damage. Vehicle repair and driver treatment are separate, so check the health denominator after an accident.

03 Why serious illness needs treatment

Zero current health causes extra fatigue penalties. A damaged maximum, current health at or below the default threshold of 25, and 60 minutes or less until rest also count as a serious condition.

Even after full sleep, this condition can reapply a limit telling you to visit a clinic within about one hour. Damaged maximum health or a cold also reduces vehicle-sleep recovery. Replenish food, water and hygiene, and complete treatment and prescribed medicine as needed.

04 Clinic treatment and cost

Approach a clinic and enter with E, or recognize it with T, then choose treatment. The default cost is 50 plus 10 for each missing base maximum-health point. Check the displayed amount before payment.

Treatment clears injuries, raises a damaged maximum toward 90 and adds that restored amount to current health. It also cures depression. If maximum recovery remains, you receive three prescribed doses. Clinic treatment does not unconditionally fill current health to 100.

05 Prescribed medicine needs manual use

Prescribed medicine is not taken automatically. Stop in the cab with the engine off and parking brake applied, open Tab, select the medicine packet and press E. The first dose is available immediately after treatment.

Later doses normally require 8 game hours. The remaining maximum-health recovery is divided over three doses. An applicable medication organizer reduces the interval to 7 hours. The last dose restores the remaining base maximum to 100; depression or item-based effective limits can still apply separately.

06 Pharmacy products have different effects

Pharmacy treatment normally restores 5 maximum-health points. Cold medicine clears a cold; pain medicine restores 5 current health, and condition medicine 3. Driving booster recovers 30 fatigue minutes. Vitamins protect against up to 3 health-loss points over 2 game hours.

Some products cannot be used without the relevant condition and may have reuse cooldowns. These products are separate from clinic-prescribed medicine. Check whether a product affects current health, maximum health, fatigue or a cold before buying it.

Figures use default settings and may change with configuration, environment and items.

FIELD NOTES

Leaving hunger or dehydration untreated

With default health settings, satiety at 5 or less drains 1 health per game hour; hydration at 5 or less drains 1.5. Keeping either value at zero for 6 game hours reduces maximum health by 5 for that condition.

Remaining at zero then costs another 1 maximum-health point per hour for satiety and 2 for hydration. Food that restores current health does not fully repair a damaged maximum. Replenish supplies first, then use a clinic or maximum-health treatment. These values change with health settings.

Colds and recovery

Colder perceived temperatures raise the chance of catching a cold. A normal cold lasts 3 game days, lowers maximum health by 5 on onset and drains 1 current-health point per game hour. Warm-food or drink protection can temporarily prevent that ongoing loss.

Pharmacy cold medicine cures the cold state. Having a cold or reduced maximum health can halve vehicle-sleep health recovery. Ending the cold does not refill all damaged maximum and current health, so check treatment, medicine and nutrition.

Heat exhaustion and hydration

Heat exhaustion can begin after 30 accumulated game minutes with perceived temperature above 90 and hydration below 30. It costs 5 current-health points and adds 30 fatigue minutes. Hydration consumption rises by 25% for 2 game hours.

Lowering perceived temperature to 80 or less, or raising hydration to at least 40, reduces accumulated exposure. Drink early and use maintained HVAC and heat-protection gear. Sleeping in a hot vehicle also has a separate heat-exhaustion risk.

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Zero current health causes extra fatigue penalties. A damaged maximum, current health at or below the default threshold of 25, and 60 minutes or less until rest also count as a serious condition.

Even after full sleep, this condition can reapply a limit telling you to visit a clinic within about one hour. Damaged maximum health or a cold also reduces vehicle-sleep recovery. Replenish food, water and hygiene, and complete treatment and prescribed medicine as needed.

Happiness

03

Mood, leisure, benefits and clinical recovery.

Happiness: benefits and depression

KEY POINT

Depression is a persistent in-game status reducing effective maximum health by 20. Raising happiness alone does not cure it; clinic treatment is needed.

01 What happiness measures

Happiness is your base mood adjusted by current health, perceived temperature, satiety, hydration and other modifiers. Base happiness starts at 50; its normal maximum is 100. Poor health can subtract up to 25, uncomfortable temperature up to 5, and low satiety and hydration up to 10 each.

Accommodation or activities can raise base happiness while the HUD value stays low if you are hungry or ill. Improve supplies, temperature and health alongside leisure activities. Effective happiness, base happiness and its maximum are different values.

02 Good-mood bonuses

Effective happiness of at least 80 activates good mood. Food-related satiety and hydration recovery and some health recovery increase by 10%; temperature-related fatigue penalties are reduced by 10%.

The bonus requires your actual mood to remain high. A happiness maximum of 100 does not activate it automatically. Raise base mood through activities and maintain food, water, health and comfortable temperature, then check that effective happiness is at least 80.

03 Zero happiness and depression

Reaching zero effective happiness can trigger depression, lowering effective maximum health by 20. Raising happiness afterward does not immediately clear the depression state.

Clinic treatment is required. Treatment prevents an immediate relapse while happiness is still zero, but a later rise followed by another fall to zero can trigger it again. Manage base mood through accommodation, toilets, showers, tourism and activities, while restoring food, hydration and health.

04 Actions that change happiness

Default base-mood changes include motel +2, toilet +1, shower +3, gym +2, hair care +4 and spa +3. Yoga stretching gives +2 and meditation +4. Tourism photos can give +5 for landmarks or +3 for scenery.

Outdoor relief costs 1 base-happiness point, and 8-hour vehicle sleep costs 2. Food and equipment can have their own mood effects. These are base changes; the HUD also includes health, temperature, satiety and hydration adjustments.

05 Souvenirs and the happiness maximum

Purchased tourism souvenirs enter the souvenir locker and raise maximum happiness by 0.1 each, from the normal 100 up to 150. Collecting raises the ceiling; it does not automatically fill current happiness to that ceiling.

Press Caps Lock in the cab to open the locker. You can preview selected souvenirs and close it with the displayed controls. Collect during regional visits while managing actual mood through supplies, health and activities.

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FIELD NOTES

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Satiety

04

Food, starvation and ongoing digestion effects.

Satiety: starvation, penalties and eating

RECOVERY ORDER

Eat to stop starvation, then repair existing maximum-health damage separately. Zero food (+25%) and zero water (+50%) combine to add 75% fatigue.

01 What to do when hungry

The bread icon shows satiety: how full you are. It decreases over time. Buy food at a restaurant or convenience store. In the cab, stop, turn the engine off, apply the parking brake and open your bag/storage with Tab. Select food and press E to eat.

While driving, , consumes an available driving-compatible food item directly. Not every meal qualifies. Satiety at 10 or less triggers a warning; at zero, fatigue accumulates 25% faster. Replenish it before reaching zero.

02 Needs changing over time

The base calculation lowers satiety and hydration by 5.5 points per game hour and raises toilet need by 1. With the default needs multiplier of 0.8, this becomes -4.4 and +0.8 at normal temperature. Settings, temperature and item effects change these rates.

Vehicle sleep also consumes satiety and hydration and increases toilet need. Food and drink effects can be delayed or ongoing. Check active effects and remaining durations with Delete as well as the current gauges.

03 Leaving hunger or dehydration untreated

With default health settings, satiety at 5 or less drains 1 health per game hour; hydration at 5 or less drains 1.5. Keeping either value at zero for 6 game hours reduces maximum health by 5 for that condition.

Remaining at zero then costs another 1 maximum-health point per hour for satiety and 2 for hydration. Food that restores current health does not fully repair a damaged maximum. Replenish supplies first, then use a clinic or maximum-health treatment. These values change with health settings.

04 Food and drinks while driving

Use , for food and . for drinks while driving; the defaults are comma (,) and period (.). You must be in the vehicle with its engine running. Walking, other menus, hygiene care, relief or an existing consumption action prevent starting another one.

The shortcut searches your personal bag, refrigerator and ambient storage in that order for owned items marked suitable for driving. It does not create supplies. If no suitable item is available, a message appears. Stock suitable snacks and drinks before departure.

05 Why food spoils

Products have different refrigeration requirements and ambient-storage lifetimes. Perishable food can spoil in a bag or ambient box, and refrigeration follows product-specific rules. Purchase time, accumulated storage time and transfers affect condition.

Spoiled food has different effects and can harm health. Moving already spoiled food into refrigeration does not make it fresh again. Check the condition label and effects, and use suitable refrigeration, sealed containers and cooler equipment.

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Why drinks increase later toilet need

Actual hydration recovered by original drinks can add toilet need later, starting after 1 game hour and spread over the next 3 hours. The usual total is 70% of recovered hydration; sports drink uses 50%. Some newer products use their own delayed hourly effects.

A toilet gauge that stays unchanged immediately does not mean the effect vanished. Review active effects with Delete and plan stops. Avoiding drinks creates dehydration health and fatigue penalties, so drink appropriately and manage toilet breaks.

Hydration

05

Drinks, dehydration and delayed toilet needs.

Hydration: dehydration, drinks and toilets

WHY IT MATTERS

Drinks restore body hydration; utility water is for washing. Rehydration does not automatically repair existing maximum-health damage. Plan for delayed toilet effects after drinking.

01 What to do when thirsty

The water-drop icon is hydration. Buy water or drinks and keep them in your bag or storage. Stop in the cab with the engine off and parking brake applied, open items with Tab, select a drink and press E. Heat and heat exhaustion increase hydration consumption.

While driving, . uses an available driving-compatible drink. Alcohol is excluded from this shortcut. Hydration at 10 or less triggers a warning; at zero, fatigue accumulates 50% faster. Some salty foods reduce hydration, so check their effects.

02 Leaving hunger or dehydration untreated

With default health settings, satiety at 5 or less drains 1 health per game hour; hydration at 5 or less drains 1.5. Keeping either value at zero for 6 game hours reduces maximum health by 5 for that condition.

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Toilet needs

06

Know the limit, find a restroom and recover.

Toilet needs: limits, accidents and recovery

KEY POINT

Zero is good: relieved. High values are dangerous. The 60-second grace period at 100 uses active real gameplay time, not game hours. After an accident, recover health and wash the vehicle too.

01 A high toilet gauge means urgency

The flame-shaped toilet icon represents urgency. Zero means relieved; 100 means the limit. Time and delayed effects from drinks raise it. At 90 or more, look for a toilet before reaching the limit.

Press C during ground walking for outdoor relief, but it has hygiene and happiness drawbacks. A facility toilet clears the need while improving hygiene and happiness. At low urgency, an outdoor attempt may not succeed immediately.

02 Holding it beyond the limit

At toilet need 100, 60 seconds of active real play can trigger an accident. The normal result is need 85, current health -5, vehicle cleanliness -30 and its maximum -10, with a cleaning charge of 150.

A urine bag registered as a vehicle item is automatically consumed at the limit, replacing the accident with need 20 and personal hygiene -5. Direct use also requires a stopped vehicle. Plan toilet breaks before reaching the limit.

03 Using a facility toilet

Face a toilet in ground-walking mode and request recognition with T, or approach an available registered facility and press E. Select Use toilet and confirm with E.

The default action is free and finishes in about 5 seconds. It sets toilet need to zero, adds 5 personal-hygiene points and 1 base-happiness point, and applies configured relief health recovery. It avoids the happiness loss of outdoor relief. Showering is a separate action.

04 Relieving yourself outdoors

Get out and press C in ground-walking mode. Completing outdoor relief resets toilet need to zero and gives the configured health recovery, normally +1. It also costs 10 personal-hygiene points and 1 base-happiness point.

Prepared or registered toilet wipes reduce the hygiene loss to 3; one registered wipe is consumed. Movement, jumping and interaction are restricted during relief. A facility toilet has different effects, so use one when available.

05 When relief does not start immediately

Outdoor relief starts according to urgency. At 10 or less it is considered unnecessary. Above 10 through 20 there is an 8-second attempt; above 20 through 30 a 4-second attempt precedes relief. Above 30 it starts immediately.

Actual relief takes about 10 seconds. Completion applies toilet-need clearance, health recovery and hygiene/happiness costs. Use C in ground walking; other actions are restricted during it. Facility toilets use their own menu and duration.

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Showering and maximum hygiene

Select Shower at a toilet facility. The default free action takes about 5 seconds, fills personal hygiene to its maximum, restores that maximum to 100 and adds 3 base-happiness points. It is separate from using the toilet.

The restored hygiene maximum stays at 100 for 24 game hours, then gradually falls to 80 over the next 48 hours. This changes the recovery ceiling, so shower regularly. Topping up current hygiene with tools is a different effect.

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Hygiene

07

Personal care, utility water and showers.

Hygiene: utility water, showers and health

WHY IT MATTERS

Zero hygiene is not cosmetic. At the default threshold of 5 or less, health declines; prolonged neglect also damages its maximum. Prepare washing supplies separately from drinking water.

01 Managing personal hygiene

Personal hygiene can fall from driving, eating, relief, rain, sun and heat. Normal driving costs 3 points per game hour. With default health settings, hygiene at 5 or less drains 0.75 health per hour; after 6 hours it can also lower maximum health by 5.

Use utility water near the vehicle or shower at a facility. Personal care restores current hygiene, while a shower also restores its maximum. If the gauge is full but its denominator is low, check the shower-based maximum recovery.

02 Personal care with vehicle utility water

After getting out, stand within 5 m of the truck and press X to open Personal hygiene / utility water. Normal care uses 1 L, restores 40 personal-hygiene points and applies configured health recovery, normally +1. It cannot exceed the current hygiene maximum.

Register hygiene tools in their dedicated slots, mark the tools to use with R in the care menu and confirm with E. Selected tools add recovery and consume one item each. Wait for care to finish before moving or starting another action.

03 Utility water and emergency drinking

Utility water is stored per truck separately from bottled-drink inventory. Buy it in 5 L units and store up to 20 L. Personal care and some electrolyte tablets consume it, so check the remaining amount before leaving.

At hydration 5 or less with at least 1 L available, use C in the hygiene menu to select and confirm emergency drinking. It normally consumes 0.5 L and restores 20 hydration. Registered purifier bottles and other items can modify the result; check their guides.

04 Showering and maximum hygiene

Select Shower at a toilet facility. The default free action takes about 5 seconds, fills personal hygiene to its maximum, restores that maximum to 100 and adds 3 base-happiness points. It is separate from using the toilet.

The restored hygiene maximum stays at 100 for 24 game hours, then gradually falls to 80 over the next 48 hours. This changes the recovery ceiling, so shower regularly. Topping up current hygiene with tools is a different effect.

Figures use default settings and may change with configuration, environment and items.

FIELD NOTES

Managing personal hygiene

Personal hygiene can fall from driving, eating, relief, rain, sun and heat. Normal driving costs 3 points per game hour. With default health settings, hygiene at 5 or less drains 0.75 health per hour; after 6 hours it can also lower maximum health by 5.

Use utility water near the vehicle or shower at a facility. Personal care restores current hygiene, while a shower also restores its maximum. If the gauge is full but its denominator is low, check the shower-based maximum recovery.

Personal care with vehicle utility water

After getting out, stand within 5 m of the truck and press X to open Personal hygiene / utility water. Normal care uses 1 L, restores 40 personal-hygiene points and applies configured health recovery, normally +1. It cannot exceed the current hygiene maximum.

Register hygiene tools in their dedicated slots, mark the tools to use with R in the care menu and confirm with E. Selected tools add recovery and consume one item each. Wait for care to finish before moving or starting another action.

Utility water and emergency drinking

Utility water is stored per truck separately from bottled-drink inventory. Buy it in 5 L units and store up to 20 L. Personal care and some electrolyte tablets consume it, so check the remaining amount before leaving.

At hydration 5 or less with at least 1 L available, use C in the hygiene menu to select and confirm emergency drinking. It normally consumes 0.5 L and restores 20 hydration. Registered purifier bottles and other items can modify the result; check their guides.

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Temperature

08

Weather exposure, clothing and cab comfort.

Temperature and weather: risks and recovery

KEY POINT

A perceived score of 40-60 is comfortable; 0 is extreme cold and 100 extreme heat. Outside temperature of 0°C is a different measurement. A higher gauge is not always better.

01 Outdoor versus perceived temperature

Outdoor temperature is the weather value in Celsius. Perceived temperature is the driver's 0-100 score: 50 corresponds to the 20°C baseline, and 40-60 is generally comfortable. Lower means colder, higher means hotter; 100 is not a desirable maximum.

Being in the cab, engine state, HVAC maintenance, sun and residual heat, worn equipment, and hot or cold food affect the target and response. The same outdoor temperature can therefore produce different perceived-temperature scores.

02 Extreme temperatures and maximum health

Cold exposure accumulates below perceived temperature 10; heat exposure accumulates above 90. Below 5 or above 95 it builds faster. At 30 exposure minutes, environmental penalties lower maximum health by 5; at 60, by 10.

At a milder score of 20-80, exposure decreases and the environmental maximum-health restriction is released. Lost current health is not automatically refilled. Cold accelerates food consumption and heat accelerates hydration use, so manage equipment, supplies and cab climate together.

03 Colds and recovery

Colder perceived temperatures raise the chance of catching a cold. A normal cold lasts 3 game days, lowers maximum health by 5 on onset and drains 1 current-health point per game hour. Warm-food or drink protection can temporarily prevent that ongoing loss.

Pharmacy cold medicine cures the cold state. Having a cold or reduced maximum health can halve vehicle-sleep health recovery. Ending the cold does not refill all damaged maximum and current health, so check treatment, medicine and nutrition.

04 Heat exhaustion and hydration

Heat exhaustion can begin after 30 accumulated game minutes with perceived temperature above 90 and hydration below 30. It costs 5 current-health points and adds 30 fatigue minutes. Hydration consumption rises by 25% for 2 game hours.

Lowering perceived temperature to 80 or less, or raising hydration to at least 40, reduces accumulated exposure. Drink early and use maintained HVAC and heat-protection gear. Sleeping in a hot vehicle also has a separate heat-exhaustion risk.

05 Engine state and cab climate

With the engine on and healthy HVAC, the cab perceived-temperature target is generally limited to 40-60. Weak HVAC widens it to 30-70 and responds more slowly. Failed HVAC or an engine-off cab is more exposed to outdoor temperature, sunlight and residual heat.

Turning the engine off does not instantly cool the cab: residual heat fades over up to 90 game minutes. Summer daylight also adds solar heat. Maintain A/C and filters, and check the separate thermal risks before sleeping with the engine off.

06 Why rain affects your condition

Rain during ground walking records rain exposure and normally costs 3 personal-hygiene points per game hour. The current game has no separate wetness-percentage gauge; rain affects hygiene and walking/equipment behavior.

Umbrellas and waterproof covers reduce rainy-walk hygiene loss when registered or equipped as required. Walking distance wears footwear, so check its condition. Return for personal care or a shower, and check the usage conditions of any footwear-care tools you own.

07 Sun and heat-related hygiene loss

Ground walking in dry weather between noon and 18:00 normally costs another 6 personal-hygiene points per game hour. A perceived-temperature score above 60 adds heat-related hygiene loss, with stronger effects in summer.

Ventilated clothing and hats can improve heat protection and hygiene multipliers. Sunscreen reduces sunny-walk hygiene loss to 70% for 6 game hours. Keep drinks available and recover in the vehicle or a facility when perceived temperature becomes too high.

08 Season/weather settings and survival

Open unified settings with \ and use TAB for Weather / Environment.

Change values with A/D and press E on Apply. Applying keeps the window open. Close with Q/Esc.

Figures use default settings and may change with configuration, environment and items.

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Rest

09

Plan a safe stop and understand sleep recovery.

Rest: fatigue, recovery and sleep costs

WHY IT MATTERS

Zero remaining rest time means rest is due. Zero food, water or health accelerates fatigue; treat the cause as well as sleeping. Only full eight-hour sleep completely resets mandatory rest.

01 Sleeping anywhere in the vehicle

In the cab, stop with the engine OFF and parking brake ON, then use Enter to open vehicle sleep. Enter is the default, but the game's activation binding can override it; follow the displayed rest prompt.

Choose a duration in the sleep selector and confirm with E. You cannot start while outside or doing another action. Sleep advances game time, so check delivery timing and food/hydration first. Accommodation such as a motel provides an alternative.

02 Vehicle-sleep recovery and drawbacks

Eight-hour vehicle sleep normally restores 10 health in a comfortable environment, costs 30 personal-hygiene points and 2 base-happiness points. A cold or reduced maximum health halves health recovery. Food, hydration and toilet needs also change during sleep.

Severe cold or heat can reduce recovery or cause maximum-health damage, a cold or heat exhaustion. Naps scale several effects by their duration relative to 8 hours, but naps shorter than 8 hours do not fully reset mandatory rest. Consider equipment and accommodation.

03 Accommodation and its effects

Face an accommodation facility in ground walking, recognize it with T, then select Stay with E. The installed default accommodation module is Motel. For hotel-looking buildings, follow the recognition result and the menu actually opened.

A default stay costs 30 and rests until 08:00 the next day. It recovers fatigue, sets perceived temperature to 50, satiety to 80, hydration to 100, toilet need to zero and hygiene to 100 within its current maximum. It adds 2 base happiness, grants one water and clears intoxication.

04 Caffeine does not replace mandatory rest

Coffee, energy drinks and some items can reduce fatigue or extend the time available before rest. Extra drink rest bonuses are limited to 120 minutes in one rest cycle. Actual recovery depends on current fatigue and the item.

These effects do not reset the mandatory-break timer the way full rest does. Repeated drinks cannot support unlimited driving. Energy drinks and sodas can also affect health, hydration and toilet needs, so check their descriptions and plan proper sleep.

05 Alcohol and engine-start restrictions

Consuming an alcoholic product such as beer activates intoxication and prevents engine start until rest. Default beer adds 3 base happiness but has other effects, including health changes. It is excluded from the driving-drink shortcut.

Full 8-hour vehicle rest, confirmed normal game rest or a motel stay clears intoxication. A short nap is not treated as the same full rest. If engine start does not respond after drinking, check intoxication as well as vehicle faults.

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Walking

10

Leave the cab, move around and interact.

Walking: exit, terrain and facilities

TERRAIN

Collision terrain is requested around the pedestrian; movement continues when ground detection fails. There is no fixed 128 m limit. Some terrain may still need wheel-height correction or emergency return.

01 Getting out and walking

Bring the vehicle to a complete stop, switch the engine off, apply the parking brake and press Z. You cannot get out with the engine running or the parking brake released. Finish any active action or transition first.

On foot, use W/S/A/D to move and the mouse to look around. Press Space to jump. Walking has no fixed distance limit. Return near the truck and press Z to get back in.

02 Adjusting walking eye height

In ground walking, the mouse wheel adjusts eye height by 0.25 m per notch rather than movement speed. Use it if the view is too low or high near the vehicle or ground; the offset has limits.

This ground adjustment does not apply in flight mode. If ground detection is wrong or you lose position, return to the cab with F8 and try getting out again. Wall collision uses the separate F toggle.

03 Returning to the cab

To board normally, stand within 5 m of the truck and press Z. If you are farther away, a message shows the remaining distance. If you cannot find the truck or the camera position is unavailable, press F8 for an emergency return to the driver seat.

Emergency return works while walking or during the exit transition. Pressing Z during the transition cancels getting out. Close shops or activity menus and return to the cab before continuing your drive.

04 Flight, collision and clean screenshots

Press F10 while on foot to toggle free flight. Turning flight off returns you to ground-level walking. Facility recognition and outdoor relief are unavailable in flight mode.

In ground walking, F toggles wall collision. N toggles photo mode, which hides the HUD. If the HUD and guides disappear, turn photo mode off. Tourism-photo recognition uses the separate Y key.

05 After getting out, press T to identify a place. When Vision AI is OFF or no endpoint is configured, the full facility selection menu opens. Unavailable during another menu or activity, or in game menus. At registered facilities, approach and press E to enter.

06 Entering registered facilities

Approach a facility with registered coordinates on the ground and press E. Distance and vertical checks differ by facility, so standing behind a wall or on another floor may prevent entry.

If several facilities overlap, an entrance selector opens. Choose the desired facility with its displayed movement keys and confirm with E; cancel with Q. If no registered facility is nearby, face the place and try recognition with T.

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Tourism

11

Explore, enjoy scenery and collect souvenirs.

Tourism: scenery rewards and souvenirs

REWARDS

Landmark +5 or scenic-view +3 base-happiness rewards play four small fireworks around the notification and a sound. Facility recognition (T), tourism (Y) and photo HUD hiding are separate functions.

01 Tourism photos and mood recovery

In ground walking, face scenery or a landmark and press Y for tourism-photo recognition. This is separate from facility recognition with T; it needs the server and no conflicting action.

A landmark can add 5 base happiness and scenery 3. Repeat rewards have a 30-second real-time cooldown. Failed recognition or an ordinary scene may give no reward. Hiding the HUD for photos and requesting tourism recognition are different features.

02 Souvenirs and the happiness maximum

Purchased tourism souvenirs enter the souvenir locker and raise maximum happiness by 0.1 each, from the normal 100 up to 150. Collecting raises the ceiling; it does not automatically fill current happiness to that ceiling.

Press Caps Lock in the cab to open the locker. You can preview selected souvenirs and close it with the displayed controls. Collect during regional visits while managing actual mood through supplies, health and activities.

Figures use default settings and may change with configuration, environment and items.

Facility/scenery capture images are not saved as files or sent to external servers with the default local AI. They are processed on this PC.

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Inventory

12

Storage, equipment, durability and active effects.

Inventory: storage, equipment and effects

WORKFLOW

Buy, store correctly, check use/equip/register conditions, then inspect active effects. Possession does not always activate an effect. The item-reference tab describes individual products.

01 Opening your bag and vehicle storage

In the cab, stop with engine OFF and parking brake ON and press Tab, normally Tab. The screen includes your personal bag, refrigerated and ambient boxes, equipment and registered slots. This vehicle-storage screen is unavailable while walking.

Use the displayed movement keys to select items and regions, then E to consume or use an item. In the equipment region it instead unequips. Registered tools return to the bag with R. Close with Q and follow the controls shown for the selected region.

02 Moving and equipping items

In the inventory screen, R moves an item from refrigerated or ambient storage into the personal bag. T returns a bag item to its preferred vehicle-storage compartment. Between refrigerated and ambient storage, T transfers the item.

For an item in the personal bag, R equips wearable gear or registers a vehicle/hygiene item in its dedicated slots. The action depends on the product type, so read the footer. Storage restrictions, refrigeration requirements and full slots can prevent transfer or registration.

03 Owning equipment versus equipping it

Select wearable gear in your bag and press R to equip it. Slots cover head, gloves, clothing, pants, shoes and two accessories. The product must match a suitable slot. Simply carrying it does not activate equipped effects.

Vehicle items and hygiene tools use separate four-slot registration panels rather than wearable accessory slots. Check each slot and effect. Replacing or unregistering an item returns it to the bag while preserving its existing durability.

04 Durability and automatic consumption

Items wear through their own usage basis: direct use, walking distance, driving distance, hygiene, accidents or sleep. At zero durability, do not expect the effect to continue; check condition and remaining stock.

Unequipping and re-equipping does not reset durability. Some registered vehicle supplies consume one item automatically when needed. Footwear-care tools repair equipped shoes, but do not restore every other worn item.

05 Checking active effects

Open active effects with Delete, normally DEL, to review equipped gear, registered items, timed buffs and remaining durations. If the list is longer than one screen, use Page Up / Page Down.

Immediate recovery differs from an hourly effect. +2 × 3h means 2 points per hour for 3 hours; delayed effects start later. Check maximum/minimum limits, reuse cooldowns and distance-limited protection as well.

06 Hot and cold food conditions

Hot food and drinks cool over time; refrigerated storage can affect cold condition. Normal, cold, hot and spoiled effects vary by product, so check the condition even when two items have the same name.

Warm meals can raise perceived temperature or provide cold protection and exposure relief. Cold drinks can help with heat. Hot-retention equipment prolongs cooling time; that is distinct from the food's spoilage lifetime.

07 Heating food with a burner

Register/equip a vehicle butane burner and stock cartridges. With the vehicle stopped and engine OFF, press H on an eligible inventory food. The current heating feature applies to normal/cooled food from the original catalog.

Hot, cold or spoiled conditions may fail the heating rules. Cartridges are consumed when heating; a four-pack tracks remaining uses. Heating changes the item to hot condition; it does not repair spoiled food.

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Preview, disposal and capacity limits

Press F1 in inventory for an enlarged preview of the selected item. Delete discards it, so check your selection first. Equipment and registered vehicle items have different footer controls from ordinary food.

The personal bag normally holds up to 99 of one product; each vehicle compartment up to 10. Visible grid slots and item quantities are different. If a purchase or transfer fails, check the target compartment and

product quantity. Some products cannot be stored at all.

Why food spoils

Products have different refrigeration requirements and ambient-storage lifetimes. Perishable food can spoil in a bag or ambient box, and refrigeration follows product-specific rules. Purchase time, accumulated storage time and transfers affect condition.

Spoiled food has different effects and can harm health. Moving already spoiled food into refrigeration does not make it fresh again. Check the condition label and effects, and use suitable refrigeration, sealed containers and cooler equipment.

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Playing a handheld console

Buy a handheld console at an electronics shop and use it from inventory while stopped in the cab with engine OFF and parking brake ON. Playing advances game time by one hour without recovering fatigue. Default base-happiness bonuses range from +3 to +8 by model.

Use consumes durability. This is a leisure action for mood, so sleep is still needed for tiredness and mandatory rest. Time advancement can affect food, hydration and timed effects; check delivery timing and condition.

Ongoing snack and warm-meal effects

Jerky and trail mix have an additional ongoing satiety-decay multiplier of 0.85; granola bars and nuts use 0.90. Warm tea can reduce cold-exposure accumulation to 0.75 for one hour, and some warm meals to 0.85.

Salad and fruit cups can grant a +1 health bonus on the next sleep within 8 game hours. Sports drinks differ from normal drinks in some heat, fatigue and delayed toilet effects. Check remaining buffs with Delete, not just immediate recovery.

Exposure, digestion and toilet-support items

Adhesive heat patches reduce cold-exposure accumulation to 0.75 for 2 hours; hand warmers to 0.65. Cooling gel packs reduce heat exposure to 0.80 for 1 hour, fever patches to 0.70 for 2 hours, and after-sun gel reduces heat-related hygiene loss to 0.80 for 4 hours.

Digestive enzymes use a 0.85 satiety-decay multiplier while active; long-distance antidiarrheal uses 0.70 for toilet-need increases. These do not instantly refill every condition. Check product-specific requirements and cooldowns.

Combining thermal protection equipment

Cold and heat protection move perceived-temperature targets toward the comfort point of 50 without crossing it. Protection points from several items are added, generally capped at 35. Sleep-only cold protection applies separately to the sleep estimate.

Rain, sun and heat hygiene multipliers can combine multiplicatively. Some seats, films and curtains also require engine state, cab occupancy, daylight or fault conditions. Check equipment slots and each product's explanation.

Places

13

A visual directory of the places you can enter.

All enterable places

RoadLife is about looking around on the road, choosing where to stop, parking, walking into places and enjoying scenery recognition. Read Why AI? in the contents for optional AI, offline entry and capture privacy.

Choose one of 29 places with W/S or the wheel. Ctrl+W/S jumps 13 entries. Each entry explains access, purpose and a miniature menu preview.

01 VISITING

Park, stop completely, engine OFF, parking brake, then Z. Ground-walk to a registered point and press E, or frame a building/sign and use T for recognition. Close the venue before returning to the truck.

02 NEW USES FOR FAMILIAR PLACES

Selected fictional retailers become malls, base-game service centers offer maintenance/washing, and recruitment agencies also serve as clinics. These three use installed coordinates and can be visited without AI. Other venues, including restaurants, are mainly identified visually.

03 COORDINATES VS RECOGNITION

Recognition requires the AI server. Certain connection/model failures may offer manual facility selection. The interaction key does not open every unregistered building. Maps, DLC, coordinates, distance and height affect availability.

04 PREVIEWS

These condensed views use existing backgrounds and menu data. Reading the manual does not charge money or start an activity. Check current prices, stock and effects at the actual venue.

Why AI? Play style and privacy

WHAT IS ROADLIFE ABOUT?

Look around while driving, find somewhere worth stopping, park, get out and walk. Visiting facilities and enjoying scenery/landmark recognition are central to RoadLife. Survival stats and services give the journey reasons to eat, rest and care for yourself.

01 WHY USE AI?

Instead of relying only on fixed markers, it identifies the facility in the game view you are currently looking at. Frame the building/sign and press T to open the matching venue. While ground walking, Y separately judges scenery/landmarks for happiness rewards.

02 AI IS OPTIONAL

Survival, walking, inventory and registered facilities remain available without AI. With AI off, requesting place recognition using T while ground walking opens the manual facility selector after the connection failure is detected. Choose an enterable facility regardless of location. Normal restrictions during menus, actions or flight still apply. Automatic scenery recognition needs AI.

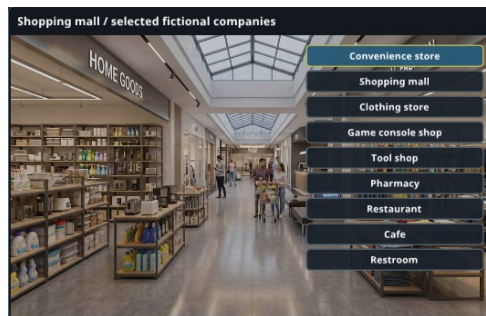
03 CAPTURES AND PRIVACY

Facility/scenery capture images are not saved as image files. With the default local AI, they are not sent to external servers. The image is processed in memory and passed to the AI server on this PC (127.0.0.1).

04 NO INSERT KEY?

INS: manual. If INSERT is absent or inconvenient, use \, Hotkeys, then the manual entry to assign another key. The default settings key is backslash (\).

Shopping mall / selected fictional companies



01 HOW TO ENTER

Use E within a registered company location's radius (default 100 m, configurable), or identify a mall with T.

02 WHAT TO DO

RoadLife assigns mall functions to selected fictional retail, furniture and electronics delivery companies. These depots become destinations for everyday supplies and services as well as deliveries. Not every company or warehouse is a mall.

The hub offers convenience goods, mall shopping, clothes, game consoles, tools, pharmacy, restaurant, cafe and restroom. Company names appear as text below; available branches depend on region, DLC and installed coordinates.

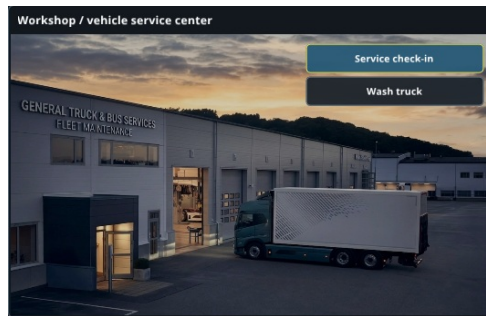
ATS

Charged, Eddy's, Home Store, Pickit, Plugged, Tidbit, Wallbert

ETS2

Cesare Supermercato, Cesta, Ika Bohag, Kaarfor, Norrfood, SellPlan, SuperCesta, Suprema, Villco

Workshop / vehicle service center



01 HOW TO ENTER

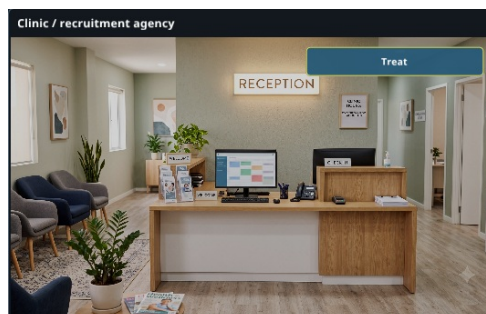
Park at a base-game service center, exit and use E near its registered point (within 50 m horizontally and 30 m vertically). AI service recognition with T is another route. In the truck, use Ctrl+B under the service conditions.

02 WHAT TO DO

RoadLife extends base-game service centers into places for driver visits, maintenance and washing. They use service-center coordinates, not a shopping-company name allowlist.

The service intake menu inspects and repairs selected maintenance items. Washing restores exterior cleanliness, interior dirt and the cleanliness maximum. The maintenance checklist only inspects status; vehicle repairs and driver medical care are separate.

Clinic / recruitment agency



01 HOW TO ENTER

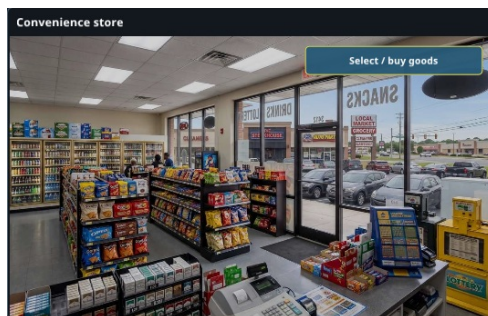
Find a recruitment agency, park with engine OFF and parking brake, exit using Z, then walk within 7 m horizontally and 8 m vertically of its registered point and press E. AI clinic recognition with T is also supported.

02 WHAT TO DO

RoadLife also designates recruitment agencies as clinics, giving buildings you once drove past a new reason to park, step out and walk inside. It reuses recruitment coordinates without changing the exterior into a hospital.

Treatment removes injuries and depression, restoring a low base maximum up to 90. Three prescribed doses restore the remaining maximum where needed. Treatment does not automatically refill current health to 100. See Health for costs and dosing.

Convenience store



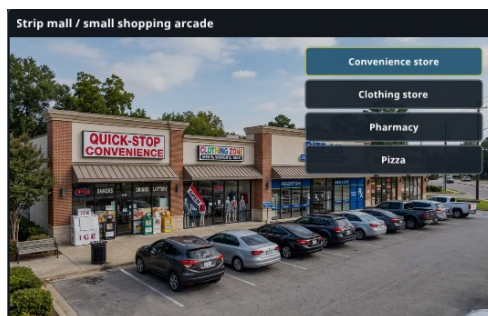
01 HOW TO ENTER

Use E at a registered entrance, identify a convenience store with T, or select it inside a mall/strip mall. Coordinate entry requires installed location data.

02 WHAT TO DO

Buy food, drinks, drinking water and utility water. Drinking water restores hydration; utility water supports hygiene near the truck. Look for available souvenirs. Stock and storage capacity affect purchases.

Strip mall / small shopping arcade



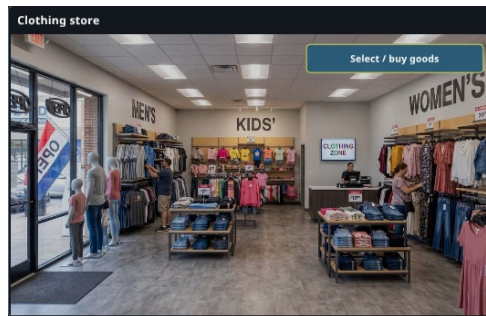
01 HOW TO ENTER

Use E near an installed strip-mall point. Pharmacy coordinate entry may also open this hub. There is no separate strip-mall AI label; individual-store recognition and mall recognition are different routes.

02 WHAT TO DO

A small hub for convenience shopping, clothing and pizza, with pharmacy availability depending on the location. Its services differ from a full mall. Choose a shop, then return to the hub after leaving it.

Clothing store



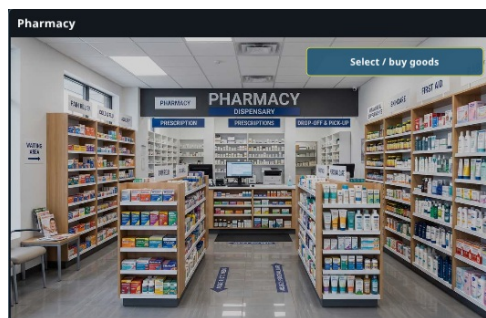
01 HOW TO ENTER

Identify a clothing store with T, or choose it in a mall/strip mall.

02 WHAT TO DO

Buy clothing and wearable equipment for temperature and other effects. Check slots, durability and equip conditions in inventory. Purchasing alone does not necessarily activate equipment.

Pharmacy



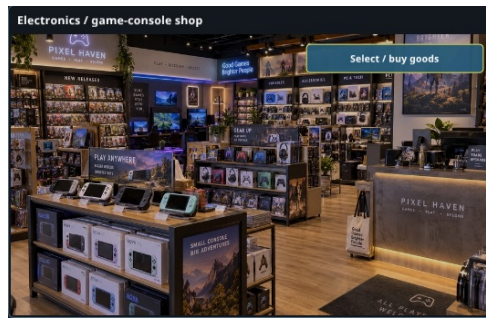
01 HOW TO ENTER

Identify a pharmacy with T, select the mall pharmacy, or visit an available strip-mall pharmacy.

02 WHAT TO DO

Buy medicines addressing current/max health, colds or fatigue. Effects, prerequisites and cooldowns differ. Shop medicines and clinic prescriptions are separate; injuries or depression can still require treatment.

Electronics / game-console shop



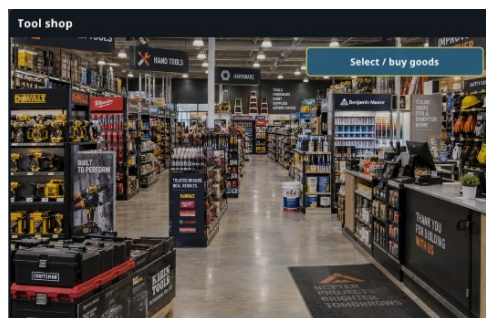
01 HOW TO ENTER

Identify an electronics store with T, or select the mall game-console shop.

02 WHAT TO DO

Buy the store's consoles and electronics. Check inventory usage/registration requirements to use their leisure effects. Follow the individual product instructions for power, durability and conditions.

Tool shop



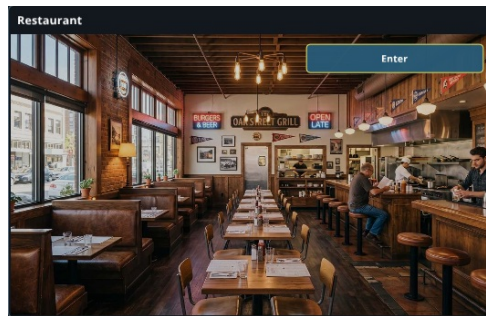
01 HOW TO ENTER

Identify a tool shop with T, or select it inside the mall.

02 WHAT TO DO

Buy tools for vehicle care, cleaning, diagnosis and temporary fixes. Use/registration requirements and coverage differ. Temporary relief does not replace full workshop servicing; also read Vehicle.

Restaurant



01 HOW TO ENTER

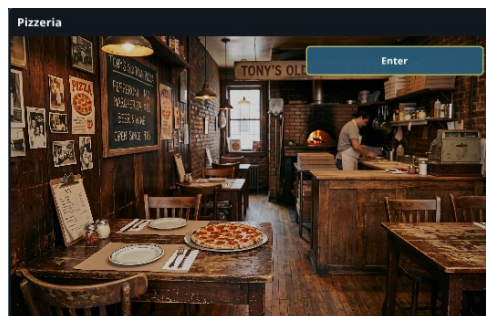
Park, exit and ground-walk; frame the restaurant building/sign and use T for facility recognition. Also available through the mall restaurant menu or E at an installed restaurant coordinate.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Pizza, Hamburger, Steak.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Pizzeria



01 HOW TO ENTER

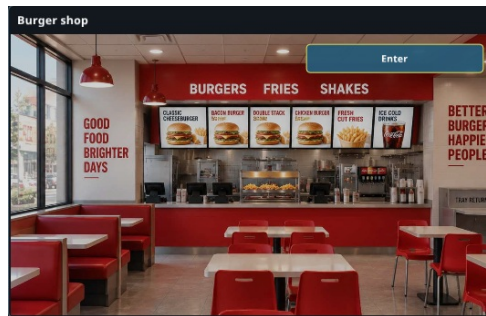
Park, exit and ground-walk; frame the pizzeria building/sign and use T for facility recognition. Also available from the strip-mall pizza menu.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Pepperoni pizza, Cheese pizza, Margherita pizza.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Burger shop



01 HOW TO ENTER

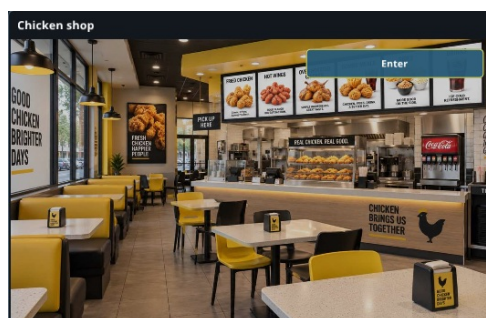
Park, exit and ground-walk; frame the burger shop building/sign and use T for facility recognition.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Cheeseburger set, Chicken burger set, Monster burger set.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Chicken shop



01 HOW TO ENTER

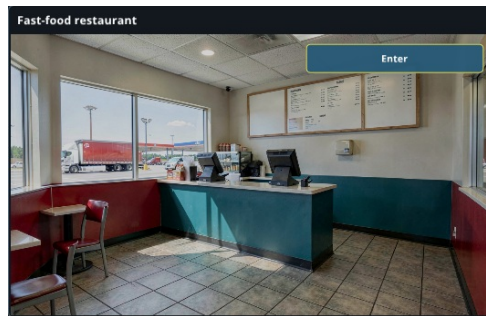
Park, exit and ground-walk; frame the chicken shop building/sign and use T for facility recognition.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Fried chicken and cola, Grilled chicken and cola, Hot wing and cola.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Fast-food restaurant



01 HOW TO ENTER

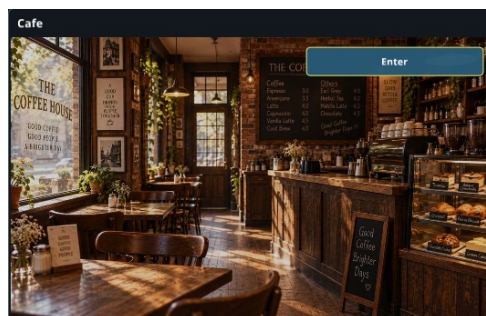
Park, exit and ground-walk; frame the fast-food restaurant building/sign and use T for facility recognition.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Breakfast muffin set, Crispy fish combo, Chicken wrap combo.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Cafe



01 HOW TO ENTER

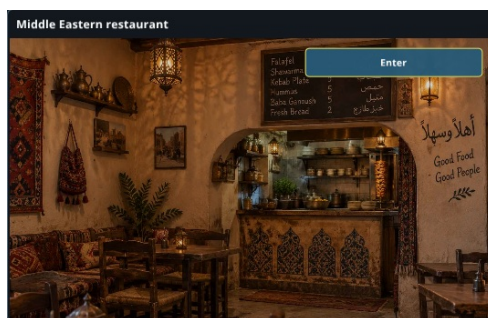
Park, exit and ground-walk; frame the cafe building/sign and use T for facility recognition. Also available from the mall cafe menu.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Bread and iced coffee, Bread and hot coffee, Hot coffee.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Middle Eastern restaurant



01 HOW TO ENTER

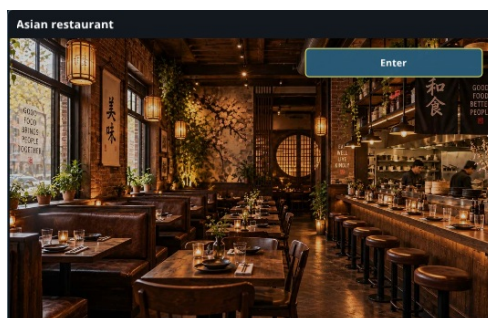
Park, exit and ground-walk; frame the middle eastern restaurant building/sign and use T for facility recognition.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Chicken shawarma platter, Falafel mezze platter, Lamb mandi rice.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Asian restaurant



01 HOW TO ENTER

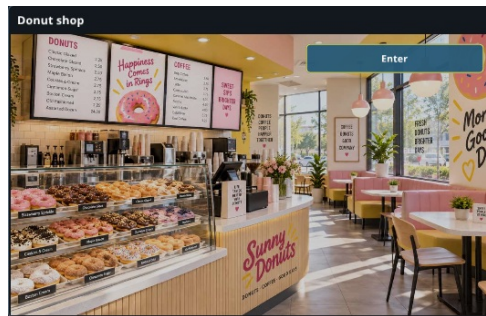
Park, exit and ground-walk; frame the asian restaurant building/sign and use T for facility recognition.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Teriyaki chicken rice bowl, Shrimp pad thai, Beef fried rice.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Donut shop



01 HOW TO ENTER

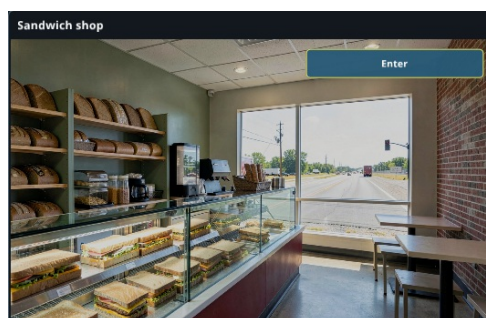
Park, exit and ground-walk; frame the donut shop building/sign and use T for facility recognition.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Strawberry sprinkle donut, Chocolate sprinkle donut, Glazed donut.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Sandwich shop



01 HOW TO ENTER

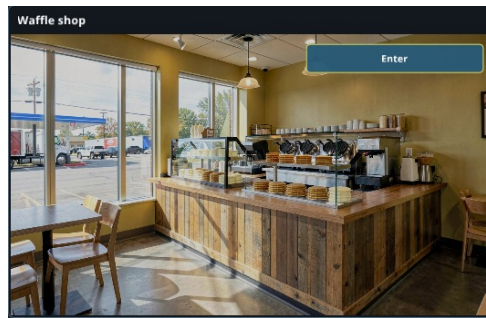
Park, exit and ground-walk; frame the sandwich shop building/sign and use T for facility recognition.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Turkey club sandwich, Tuna melt sandwich, Egg salad sandwich.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Waffle shop



01 HOW TO ENTER

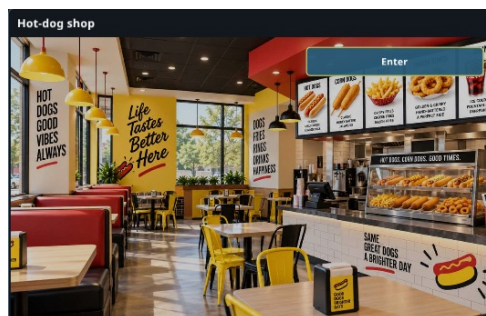
Park, exit and ground-walk; frame the waffle shop building/sign and use T for facility recognition.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Classic maple waffle, Strawberry cream waffle, Chocolate banana waffle.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Hot-dog shop



01 HOW TO ENTER

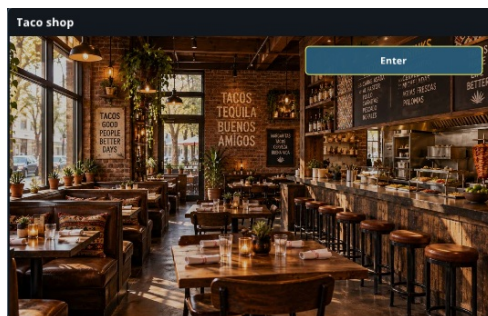
Park, exit and ground-walk; frame the hot-dog shop building/sign and use T for facility recognition.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Classic hot dog, Chili cheese dog, Bacon cheese dog.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Taco shop



01 HOW TO ENTER

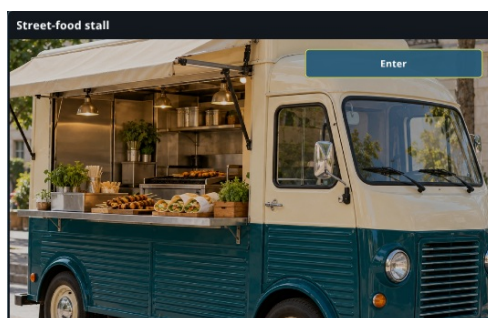
Park, exit and ground-walk; frame the taco shop building/sign and use T for facility recognition.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Beef tacos, Chicken tacos, Shrimp tacos.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Street-food stall



01 HOW TO ENTER

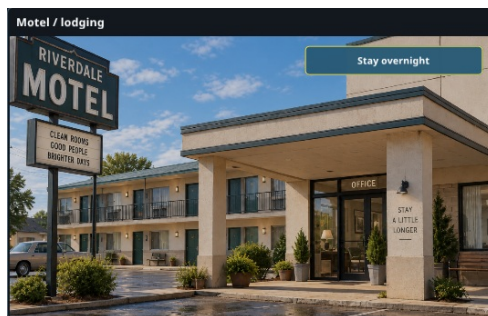
Park, exit and ground-walk; frame the street-food stall building/sign and use T for facility recognition.

02 WHAT TO DO

Choose from this venue's own menu and review price/effects before ordering. Default examples: Ham mushroom cheese crepe set, Chili dog and fries set, Cheeseburger and onion rings set.

Effects vary across satiety, water, health, happiness, temperature and hygiene. Use the item reference for individual details. Recognition of a different restaurant category opens that category's menu.

Motel / lodging



01 HOW TO ENTER

Park, exit, face the motel / lodging building/sign and identify it with T.

02 WHAT TO DO

Stay until 08:00 the next morning to recover fatigue and living conditions. Defaults include cost 30, happiness +2 and one water bottle. Recovery targets follow facility settings; lodging does not replace treatment for damaged maximum health.

Restroom / shower



01 HOW TO ENTER

Park, exit, face the restroom / shower building/sign and identify it with T. Also accessible through the mall restroom menu.

02 WHAT TO DO

Use the toilet to relieve needs, or shower to restore hygiene and its maximum. Defaults: toilet sets need to 0, hygiene +5 and happiness +1; shower fills hygiene, restores its maximum to 100 and gives happiness +3. They are separate actions.

Hair salon



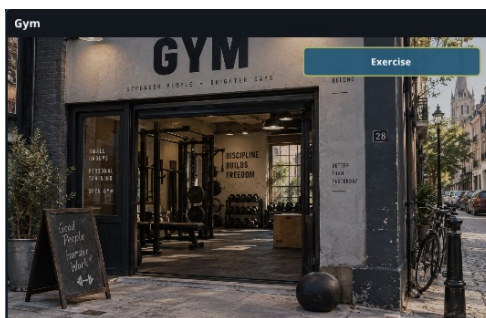
01 HOW TO ENTER

Park, exit, face the hair salon building/sign and identify it with T.

02 WHAT TO DO

Hair care restores hygiene and happiness. Defaults advance one game hour, add 10 hygiene and 4 happiness. This is a living-condition activity, not a character appearance editor.

Gym



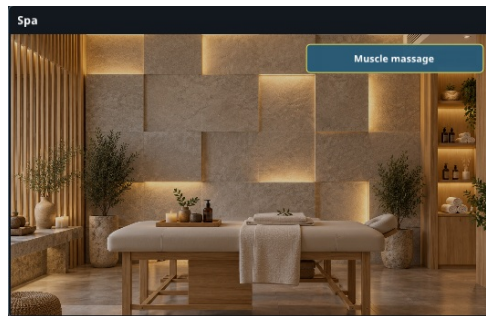
01 HOW TO ENTER

Park, exit, face the gym building/sign and identify it with T.

02 WHAT TO DO

Exercise affects health, happiness and fatigue. Defaults advance one game hour, give health +3, happiness +2, hygiene +5 and reduce accumulated fatigue by 30 minutes. Check the current menu and conditions.

Spa



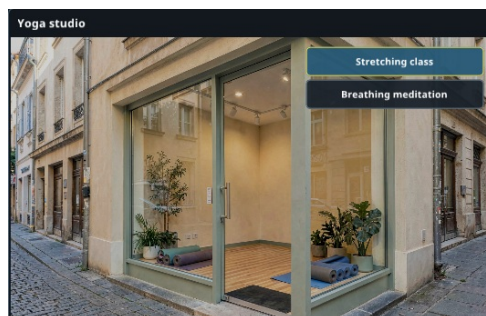
01 HOW TO ENTER

Park, exit, face the spa building/sign and identify it with T.

02 WHAT TO DO

Use the muscle-massage activity. Defaults advance one game hour and give health +1, happiness +3 and hygiene +1. Current activity data also adds 30 minutes of accumulated fatigue; do not treat it as guaranteed fatigue recovery or a substitute for sleep.

Yoga studio



01 HOW TO ENTER

Park, exit, face the yoga studio building/sign and identify it with T.

02 WHAT TO DO

Choose stretching or breathing meditation. Defaults: stretching costs 12, health +2, happiness +2, fatigue -15 minutes and hygiene -1; meditation costs 8, health +1, happiness +4 and fatigue -10 minutes. Each advances one game hour.

Facilities

14

Shopping, activities, services and banking.

Facilities: shopping and activities

WORKFLOW

Exit, interact at a registered entrance or use AI recognition, select a service, check price/effect/time, then confirm. Treatment, lodging, toilets and showers also have dedicated stat chapters.

01 Buying convenience-store supplies

Get out and use E near a registered entrance, or face the building and recognize it with T. Select a product with the displayed movement keys and buy with E. Check price, effects, stock and owned quantity first.

Products vary by region and shop type. Storable purchases enter an appropriate container; insufficient money or capacity prevents buying. Stock utility water, hygiene supplies and vehicle tools as well as food.

02 Mall and shop categories

A mall hub offers categories such as convenience supplies, general shopping, clothing, consoles, tools, pharmacy, restaurants, cafe and toilets. Follow the selection keys on screen and enter with E.

Clothing shops supply wearable gear, tool shops vehicle and emergency-care items, and pharmacies condition-specific treatments. Availability depends on the shop and actual stock. After buying, check which tools need transfer to the personal bag and registration or equipping.

03 Eating at a restaurant

Choose meals or drinks at a restaurant, pizza shop or cafe for on-site consumption. This differs from storing groceries and applies each product's satiety, hydration, health, hygiene and temperature effects.

Wait for the meal to finish before starting another activity. On-site eating can also help restore normal perceived temperature. If hydration is negative, plan a drink afterward. Check product-specific happiness bonuses and timed effects.

04 Gym exercise effects

Recognize a gym and choose exercise. The default free action takes about 5 seconds and advances game time by 60 minutes. It adds 3 current health, 2 base happiness and 5 personal hygiene, and recovers 30 fatigue minutes.

Advancing time can change other timed states. Recovery cannot exceed the relevant maximum, so actual gains depend on your starting condition. Wait for completion and check the result before opening another activity.

05 Hair-care effects

At a recognized hair salon, choose hair care. The default free action takes about 5 seconds and advances game time by 60 minutes. It adds 10 personal hygiene and 4 base happiness.

It does not treat injuries or restore maximum health. Use it when you need hygiene and mood recovery, and address health or toilet problems through their own actions. Check the facility menu for its current

price and effects.

06 Current spa-massage effects

Default spa muscle massage is free, takes about 5 seconds and advances game time by 60 minutes. It adds 1 personal hygiene, 1 current health and 3 base happiness. The current data sets fatigue to +30 minutes, which adds fatigue rather than recovering it.

Judge the action by its implemented effects even if it sounds restful. Spa use does not replace proper sleep. Use it for mood and health recovery while checking fatigue as well.

07 Yoga stretching and meditation

Default yoga stretching costs 12 and advances 60 game minutes, adding 2 current health and 2 base happiness, recovering 15 fatigue minutes and costing 1 personal hygiene. Breathing meditation costs 8 and advances 60 minutes, adding 1 health and 4 base happiness and recovering 10 fatigue minutes.

Both take about 5 seconds on screen. Choose the effect you need and distinguish current-health recovery from maximum-health treatment. Check your balance and delivery timing first.

FIELD NOTES

Buying convenience-store supplies

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Vehicle

15

Keep your truck clean, reliable and ready to drive.

Vehicle: cleanliness, washing and faults

ZERO PENALTY

At zero vehicle cleanliness while in the truck: health -1/game hour. If two or more low-food, low-water, low-hygiene or zero-vehicle-cleanliness penalties overlap, extra hourly damage equals the active count minus one. Two simultaneous conditions add another -1/hour beyond their normal damage.

01 Washing and maximum vehicle cleanliness

Vehicle cleanliness is exterior cleanliness minus interior dirt, further limited by its current maximum. Driving, collisions, consumption, toilet accidents and faulty maintenance can affect it. It is separate from personal hygiene.

Completed service washing sets exterior cleanliness to 100, interior dirt to zero and maximum vehicle cleanliness to 100. Cleaning tools apply their own exterior/interior effects and may differ from a full wash. If the gauge denominator is low, use washing to restore its maximum too.

02 Rain washing does not clean the cab

Default exterior cleanliness uses a 1,000 km distance for a decline from 100 to zero. Rain provides auxiliary exterior washing at 3 points per game hour up to 85. Settings can change the reference distance, rain rate and ceiling.

Rain does not fully repair cab dirt or maximum-cleanliness damage from toilet accidents. If the displayed value stays low in rain, check interior dirt and its maximum. A mini vacuum, interior tool or service wash may be needed.

03 Opening the maintenance checklist

Press B in the cab, normally B, to open the 30-item maintenance checklist. Review distance since last service, distance remaining and lifetime. Use its displayed left/right movement keys for pages.

At lifetime 25 or less an inspection is needed; 10 or less is Weak, and zero is Failed. The top maintenance count shows items due within 1,000 km. Normal game damage repair and RoadLife periodic maintenance need separate attention.

04 Using a service station

In the vehicle, press Ctrl+B, normally Ctrl+B, within 50 m of a usable service station. On foot, an available service can also be entered through interaction or facility recognition.

Select the needed maintenance items and review cost, progress and completion. Completed service updates the distance baseline for those items. Reading an inspection sheet is different from completing repairs, so check remaining distance and the final result.

05 Driving problems from neglected maintenance

Weak and Failed components cause real control penalties such as throttle interruptions, steering bias or vibration, reduced braking, start failures and failed light or wiper inputs. Trigger speeds, probabilities and durations differ by component; Failed is more severe.

Cabin-filter and A/C faults also harm health, personal hygiene and cab cleanliness while driving. Check the cause with B and visit service with Ctrl+B. Temporary tools suppress some symptoms only for a limited distance and do not replace service.

06 Distance limits of temporary repair tools

A tire inflator suppresses Weak tire symptoms for 500 km. A puncture kit reduces Failed tires to Weak behavior for 200 km. Fuses and spare bulbs suppress related symptoms for 500 km; oil top-up suppresses its symptoms for 1,000 km.

Each requires specific fault conditions and does not reset all service baselines. Coolant used after 2 hours of continuous driving in heat advances the A/C service baseline by 2,000 km. Use these as temporary help on the way to proper service.

07 Diagnostic scanner and tire gauge

Use the diagnostic scanner with the vehicle stopped and engine OFF to review Weak/Failed items. The tire-pressure gauge checks tire condition. Inspection tools do not themselves complete service or remove faults.

Select an available tool in inventory and press E. Compare its result with the B checklist to choose a temporary tool or service. If the current condition does not meet usage requirements, a reason is displayed.

Figures use default settings and may change with configuration, environment and items.

On foot, press E to interact.

FIELD NOTES

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Washing and maximum vehicle cleanliness

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Completed service washing sets exterior cleanliness to 100, interior dirt to zero and maximum vehicle cleanliness to 100. Cleaning tools apply their own exterior/interior effects and may differ from a full wash. If the gauge denominator is low, use washing to restore its maximum too.

Rain washing does not clean the cab

Default exterior cleanliness uses a 1,000 km distance for a decline from 100 to zero. Rain provides auxiliary exterior washing at 3 points per game hour up to 85. Settings can change the reference distance, rain rate and ceiling.

Rain does not fully repair cab dirt or maximum-cleanliness damage from toilet accidents. If the displayed value stays low in rain, check interior dirt and its maximum. A mini vacuum, interior tool or service wash may be needed.

Distance limits of temporary repair tools

A tire inflator suppresses Weak tire symptoms for 500 km. A puncture kit reduces Failed tires to Weak behavior for 200 km. Fuses and spare bulbs suppress related symptoms for 500 km; oil top-up suppresses its symptoms for 1,000 km.

Each requires specific fault conditions and does not reset all service baselines. Coolant used after 2 hours of continuous driving in heat advances the A/C service baseline by 2,000 km. Use these as temporary help on the way to proper service.

Diagnostic scanner and tire gauge

Use the diagnostic scanner with the vehicle stopped and engine OFF to review Weak/Failed items. The tire-pressure gauge checks tire condition. Inspection tools do not themselves complete service or remove faults.

Select an available tool in inventory and press E. Compare its result with the B checklist to choose a temporary tool or service. If the current condition does not meet usage requirements, a reason is displayed.

Automatic effects of registered supplies

Registered first-aid kits and compression bandages are automatically consumed in major accidents to reduce damage. A registered urine bag replaces the toilet-limit accident. Dining mats reduce food-related hygiene loss; cup-holder guards reduce drink-related vehicle dirt.

Items merely carried in the bag do not provide those automatic registered effects. Thermal containers, sealed storage and cleaning tools also have product-specific registration effects. Choose supplies for the four vehicle slots and check stock and durability.

Equipment effects after full rest

After full rest, some registered tools repair footwear or reduce cab dirt. The default boot dryer can restore 200 durability to equipped shoes, the mini vacuum removes 15 interior-dirt points, and the shoe tray 2.

Equipped rest extensions and sleep-health bonuses apply under their own conditions. A short nap and full 8-hour rest are handled differently. Check tool registration, consumption basis and the sleep-completion result.

Long-distance driving cushions

Applicable lumbar and neck cushions can grant 10 and 5 extra rest minutes respectively after 4 game hours of continuous driving. Each bonus is granted once per full-rest cycle; interrupted driving can reset the continuous-drive accumulation.

The effect is handled as fatigue recovery and deferred rest bonus, but cannot postpone mandatory rest indefinitely. Check active effects with Delete and keep planning supplies, maintenance and sleep.

First-aid, footwear and electrolyte requirements

Direct use of a first-aid kit or compression bandage requires a recent accident. Boot dryers and brushes need equipped shoes; some tools also require a complete stop. Exterior cleaning concentrate must be used within 5 m of the truck.

Electrolyte tablets consume 0.5 L of utility water. Winter diesel additive requires outdoor temperature below 0°C and reduces related start-fault chances for 24 hours. Unmet requirements show a reason rather than immediately consuming the item; resolve the condition first.

Washer fluid maintenance

Washer fluid has a default interval of 5,000 km and component price of 20. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause washer-fluid depletion warnings. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Wiper blades maintenance

Wiper blades has a default interval of 15,000 km and component price of 80. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause failed wiper inputs. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Cabin / A/C filter maintenance

Cabin / A/C filter has a default interval of 15,000 km and component price of 120. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause loss of driver hygiene, health and cab cleanliness while driving. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Chassis grease maintenance

Chassis grease has a default interval of 20,000 km and component price of 150. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause reduced low-speed steering efficiency. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Fifth-wheel grease maintenance

Fifth-wheel grease has a default interval of 20,000 km and component price of 120. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause reduced low-speed steering efficiency with a trailer connected. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

General inspection maintenance

General inspection has a default interval of 25,000 km and component price of 250. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause intermittent throttle interruption or steering bias while driving. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

A/C refrigerant / system maintenance

A/C refrigerant / system has a default interval of 30,000 km and component price of 300. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause health/hygiene loss and a worse HVAC target range. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Engine air filter maintenance

Engine air filter has a default interval of 30,000 km and component price of 180. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause reduced acceleration efficiency. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Fuel / water separator maintenance

Fuel / water separator has a default interval of 30,000 km and component price of 220. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause throttle interruptions. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Steering linkage / tie rod maintenance

Steering linkage / tie rod has a default interval of 35,000 km and component price of 350. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause steering bias. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Engine oil maintenance

Engine oil has a default interval of 40,000 km and component price of 450. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause reduced acceleration efficiency. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Engine oil filter maintenance

Engine oil filter has a default interval of 40,000 km and component price of 100. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause throttle interruptions. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Fuel filter maintenance

Fuel filter has a default interval of 40,000 km and component price of 180. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause delayed or interrupted throttle response. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it

through Ctrl+B at a station.

Brake pads maintenance

Brake pads has a default interval of 45,000 km and component price of 900. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause intermittent brake-input interruption during sustained braking. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Tires maintenance

Tires has a default interval of 50,000 km and component price of 3600. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause high-speed steering shake. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Wheel balance maintenance

Wheel balance has a default interval of 50,000 km and component price of 500. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause high-speed steering vibration. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Auxiliary belt maintenance

Auxiliary belt has a default interval of 50,000 km and component price of 350. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause throttle interruption and possible start failure when badly faulty. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Headlight bulb / circuit maintenance

Headlight bulb / circuit has a default interval of 50,000 km and component price of 200. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause failed headlight input. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Turn-signal bulb / relay maintenance

Turn-signal bulb / relay has a default interval of 50,000 km and component price of 120. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause failed turn-signal input. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Brake discs maintenance

Brake discs has a default interval of 60,000 km and component price of 1800. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause reduced maximum braking and possible interruption when badly faulty. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Power steering maintenance

Power steering has a default interval of 60,000 km and component price of 450. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause reduced low-speed steering efficiency. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Shock absorbers maintenance

Shock absorbers has a default interval of 60,000 km and component price of 1600. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause high-speed steering vibration. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Suspension bushings maintenance

Suspension bushings has a default interval of 70,000 km and component price of 1200. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause steering jolts. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Wheel alignment maintenance

Wheel alignment has a default interval of 80,000 km and component price of 450. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause persistent steering bias. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Battery maintenance

Battery has a default interval of 80,000 km and component price of 450. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause engine-start input blocks. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Starter motor maintenance

Starter motor has a default interval of 90,000 km and component price of 800. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause engine-start input failures. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Alternator maintenance

Alternator has a default interval of 100,000 km and component price of 1000. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause lighting and start-input failures. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Clutch system maintenance

Clutch system has a default interval of 100,000 km and component price of 2500. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause reduced drivetrain transfer or throttle interruption when shifting. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Transmission oil maintenance

Transmission oil has a default interval of 120,000 km and component price of 650. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause throttle interruption after shifting. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Differential oil maintenance

Differential oil has a default interval of 150,000 km and component price of 500. Actual intervals depend on the maintenance multiplier and vehicle/job conditions. Lifetime 25 or less needs inspection, 10 or less is Weak, and zero is Failed.

Neglect can cause reduced drive efficiency or throttle interruption. Speed, driving, input and connection conditions govern triggers, so symptoms need not occur continuously. Check the item with B and service it through Ctrl+B at a station.

Controls

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Controls, AI, preferences and save behavior.

Controls, settings, AI and saves

MANUAL

TAB / A·D: tabs; W·S / arrows / wheel: contents; Ctrl+W·S: 13 entries; PgUp·PgDn: text pages; INS / cancel: close. HOME shows tooltips, END hides them; they hide after about five seconds. Disabling tooltip display also hides both HUD hints, but the manual key remains usable.

AI

Screen-based place and scenery recognition require the AI server. Survival, walking, inventory and registered facilities can work without AI. If the HUD vanishes, also check mod enablement and photo mode.

01 Settings, language and key bindings

Open settings with \ and use the Display / HUD, Gameplay, Health and Hotkeys tabs. Follow the footer to move through rows, adjust values left/right or confirm checkboxes and selections with E. Changes are saved.

You can adjust the UI language, distance units, HUD position/details, guides and notifications, needs/maintenance speeds, health parameters and bindings. The guide reflects changed bindings. Check for conflicts with the base game's controls.

02 Change your controls

Select a Hotkeys row in RoadLife settings, press E, then your preferred key. Esc cancels. Changes are saved and reflected in guides. Avoid conflicts with base-game controls. Weather is controlled in the integrated Weather / Environment tab.

03 Reading action-result notifications

Food, medicine, relief, hygiene, sleep and accidents can show a cause and recovery/loss notification. Values are clamped between zero and their current maximum: a +40 product may restore only 10 when you start at 90/100.

Natural-change notifications have a separate setting you can disable if they are too busy. Top-HUD details and notification details are also separate. Some values animate gradually after an action, so allow a short time for the display to catch up.

04 Season/weather settings and survival

Open unified settings with \ and use TAB for Weather / Environment. Change values with A/D and press E on Apply. Applying keeps the window open. Close with Q/Esc.

05 Personal and vehicle-specific state

Personal inventory, worn equipment, health and happiness are distinct from truck-specific refrigeration, ambient storage, utility water, cleanliness and maintenance records. Check the new vehicle's supplies and service state when changing trucks.

Purchases, use, transfers and completed activities use the existing state-saving system. The guide does not keep a separate reading or usage history. After loading or changing profile, check the actual HUD, stored items and checklist.

06 Recovery after quick delivery

A confirmed quick-delivery completion restores current health to the damaged base maximum, raises satiety and hydration to at least 60, sets toilet need to 30 and hygiene to 80 within its maximum. Prescribed-medicine cooldown is reset for immediate use.

Base happiness is set to 80, but the HUD still includes health, temperature, satiety and hydration adjustments. This reward does not restore a damaged maximum fully to 100. Also distinguish loaner-job maintenance from owned-vehicle records.

Figures use default settings and may change with configuration, environment and items.

FIELD NOTES

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Welcome to RoadLife

Open the manual with INS!
No INSERT key? Use \ -> Hotkeys to rebind it.

RoadLife adds food, hydration, toilet needs, hygiene, health, happiness and vehicle maintenance to your journey. Check the top HUD for your current condition and read the left-hand guide for practical help.

HOME: show · END: hide · PgUp/PgDn: previous/next

Reading the top HUD

The top HUD shows date, time, weather, outdoor temperature, money, time until rest and condition gauges. White numbers inside each bar mean current/maximum. Keep health, satiety, hydration and cleanliness high. Toilet need works the other way: a high value means urgency.

Perceived temperature is a 0-100 score, not Celsius; 50 is comfortable. The maintenance icon counts items with 1,000 km or less until service. Flashing red values mean you should check that condition and its recovery options.

Compact HUD and detailed values

Open settings with \. Under Display / HUD, enable Detailed values to show hourly change beside current/maximum. It defaults to off, leaving only current/maximum inside the bar.

/hr refers to game hours. Perceived temperature can also show target and change information. Detailed action notifications have their own setting, so you can keep the top HUD compact while still seeing detailed results after an action.

Reading or hiding the guide

HOME: show · END: hide · PgUp/PgDn: previous/next

Hides after 5s

DEL: active effects

Recovery after quick delivery

A confirmed quick-delivery completion restores current health to the damaged base maximum, raises satiety and hydration to at least 60, sets toilet need to 30 and hygiene to 80 within its maximum. Prescribed-medicine cooldown is reset for immediate use.

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Purchases, use, transfers and completed activities use the existing state-saving system. The guide does not keep a separate reading or usage history. After loading or changing profile, check the actual HUD, stored items and checklist.

Item reference

17

Read effects, conditions, limits and equipment requirements.

How to use the 846-item reference

BROWSING

Use W/S or wheel; Ctrl+W/S jumps 13 entries. This reference covers 846 products/equipment and their conditions. Check current price, stock and storage in the shop. Distinguish current/maximum, instant/hourly/delayed effects, duration, cooldown and distance limits.

01 Preview, disposal and capacity limits

Press F1 in inventory for an enlarged preview of the selected item. Delete discards it, so check your selection first. Equipment and registered vehicle items have different footer controls from ordinary food.

The personal bag normally holds up to 99 of one product; each vehicle compartment up to 10. Visible grid slots and item quantities are different. If a purchase or transfer fails, check the target compartment and product quantity. Some products cannot be stored at all.

02 Owning equipment versus equipping it

Select wearable gear in your bag and press R to equip it. Slots cover head, gloves, clothing, pants, shoes and two accessories. The product must match a suitable slot. Simply carrying it does not activate equipped effects.

Vehicle items and hygiene tools use separate four-slot registration panels rather than wearable accessory slots. Check each slot and effect. Replacing or unregistering an item returns it to the bag while preserving its existing durability.

03 Ongoing snack and warm-meal effects

Jerky and trail mix have an additional ongoing satiety-decay multiplier of 0.85; granola bars and nuts use 0.90. Warm tea can reduce cold-exposure accumulation to 0.75 for one hour, and some warm meals to 0.85.

Salad and fruit cups can grant a +1 health bonus on the next sleep within 8 game hours. Sports drinks differ from normal drinks in some heat, fatigue and delayed toilet effects. Check remaining buffs with Delete, not just immediate recovery.

04 Exposure, digestion and toilet-support items

Adhesive heat patches reduce cold-exposure accumulation to 0.75 for 2 hours; hand warmers to 0.65. Cooling gel packs reduce heat exposure to 0.80 for 1 hour, fever patches to 0.70 for 2 hours, and after-sun gel reduces heat-related hygiene loss to 0.80 for 4 hours.

Digestive enzymes use a 0.85 satiety-decay multiplier while active; long-distance antidiarrheal uses 0.70 for toilet-need increases. These do not instantly refill every condition. Check product-specific requirements and cooldowns.

05 Combining thermal protection equipment

Cold and heat protection move perceived-temperature targets toward the comfort point of 50 without crossing it. Protection points from several items are added, generally capped at 35. Sleep-only cold protection applies separately to the sleep estimate.

Rain, sun and heat hygiene multipliers can combine multiplicatively. Some seats, films and curtains also require engine state, cab occupancy, daylight or fault conditions. Check equipment slots and each product's explanation.

Figures use default settings and may change with configuration, environment and items.

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Item reference

846

Every product and equipment entry from the in-game reference.

01 Find an item

Entries are arranged alphabetically by their displayed English names. Use the preceding index to find a printed page, click an index entry or search this PDF by name.

02 Read every condition

Immediate, hourly and delayed effects are different. Current health and maximum health are also different. A listed effect may require a particular equipment slot, engine state, temperature, illness, distance or cooldown.

03 Shared note for all 846 entries

These are base data values. Condition, equipment, limits and usage requirements affect actual results. Check the selected item description for food-condition effects.

04 Use the right control

The item card states how to consume, equip or register it. Carrying an equipment item does not necessarily activate it. A period (.) is the driving-drink key; a comma (,) is the driving-food key. Delete has context-specific behavior: it opens active effects in normal play but discards selected inventory items.

The cards on the following pages preserve the full item-specific instructions and effect values. The shared base-data note above is omitted from each card to keep the reference compact.

Adhesive Heat Patch

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Perceived temperature: +3 immediately

Additional conditions/effects: Perceived temperature +3pt immediately

Auxiliary effect: For 2 game hours, Cold exposure accumulation $\times 0.75$

After Sun Cooling Gel

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Perceived temperature: -5 immediately

Hot hygiene loss: $\times 0.80$

Additional conditions/effects: Perceived temperature -5pt immediately; reduces additional hot-weather hygiene loss by 20%

All Season Performance Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: All-season gear slightly reduces extreme cold/heat effects / Cold protection +2pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +2pt while equipped; shifts raw targets above 50 toward 50

All Season Walking Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Cold protection: +1pt

Additional conditions/effects: All-season gear slightly reduces extreme cold/heat effects / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

All-Season Lightweight Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +20min

Sleep cold protection: +7pt

Sleep health bonus: +1pt

Additional conditions/effects: Time until rest +20 minutes / Sleep-only cold protection +7pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

All-Weather Rain Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Rain-walk hygiene loss: $\times 0.45$

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 55% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Alpine Brown Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Alpine Insulated Driver Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 16000.

Cold protection: +5pt

Additional conditions/effects: Cold protection +5pt while equipped; shifts raw targets below 50 toward 50

Auxiliary effect: More durable than equivalent winter gloves

Amber Dome Bedside Lantern

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Amber Magnetic Warning Beacon

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Amber Pump Liquid Hand Soap

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Amber Travel Shampoo

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Apple juice

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +2 immediately

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -4 immediately

Satiety: +2 immediately

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Aqua Beach Flip Flops

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Arctic Sky Tie-Dye Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.88

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Arctic Winter Suit

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +9pt

Additional conditions/effects: Cold protection +9pt while equipped; shifts raw targets below 50 toward 50

Assorted sushi platter

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +1 immediately

Satiety: +40 immediately

Hydration: +6 immediately

Personal hygiene: -2 immediately

Base happiness: +3pt

Aurora Green Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Axion Play

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1000.

Base happiness: +5pt

Additional conditions/effects: Advance 1 game hour / No fatigue recovery / Happiness +5

Bacon cheese dog

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +5 immediately
 Satiety: +38 immediately
 Hydration: -10 immediately
 Personal hygiene: -3 immediately
 Base happiness: +2pt

BBQ chicken pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +34 immediately
 Hydration: -12 immediately
 Personal hygiene: -4 immediately
 Base happiness: +2pt

Bag Waterproof Cover

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 5000.

Rain-walk hygiene loss: x0.67
 Additional conditions/effects: Rainy-walk hygiene loss reduced from -3 to -2 per game hour

BBQ pork ribs

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +38 immediately
 Hydration: -16 immediately
 Personal hygiene: -4 immediately
 Sleep cold protection: +1pt
 Sleep health bonus: +1pt
 Hot retention time: x0.00
 Drink vehicle dirt: x0.00
 Additional conditions/effects: Satiety +38 / Hydration -16 / Hygiene -4 / Perceived temperature +6

Banana milk

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +8 immediately
 Hydration: +24 immediately
 Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately
 Cold condition:
 Perceived temperature: -3 immediately
 Satiety: +8 immediately
 Hydration: +24 immediately
 Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately
 Spoiled condition:

BBQ pork ribs

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +38 immediately
 Hydration: -16 immediately
 Personal hygiene: -4 immediately
 Base happiness: +2pt

BBQ chicken pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +34 immediately
 Hydration: -12 immediately
 Personal hygiene: -4 immediately
 Sleep cold protection: +1pt
 Sleep health bonus: +1pt
 Hot retention time: x0.00
 Drink vehicle dirt: x0.00
 Additional conditions/effects: Satiety +34 / Hydration -12 / Hygiene -4 / Perceived temperature +6

Beach Ultralight Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +20min
 Sleep cold protection: +7pt
 Sleep health bonus: +1pt
 Additional conditions/effects: Time until rest +20 minutes / Sleep-only cold protection +7pt for estimated sleep temperature
 Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

Beef fried rice

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +5 immediately
 Satiety: +48 immediately
 Hydration: +4 immediately
 Personal hygiene: -3 immediately
 Base happiness: +2pt

Beef jerky

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +18 immediately
 Hydration: -12 immediately
 Personal hygiene: -2 immediately
 Vehicle cleanliness: -1 immediately

Beef pastrami sandwich

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +3 immediately
 Satiety: +42 immediately
 Hydration: -6 immediately
 Personal hygiene: -3 immediately
 Base happiness: +2pt

Beef tacos

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately
 Satiety: +38 immediately
 Hydration: -7 immediately
 Personal hygiene: -3 immediately
 Base happiness: +2pt

Beer

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Alcohol prevents engine start until full rest.

Health: -2 immediately
 Satiety: +15 immediately
 Hydration: +30 immediately
 Toilet need: +7/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately

Cold condition:

Health: -2 immediately
 Perceived temperature: -4 immediately
 Satiety: +15 immediately
 Hydration: +30 immediately
 Toilet need: +7/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately

Spoiled condition:

Beige Shoe Freshening Sachets

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 60.

No direct numeric recovery. Check its usage or equipment conditions.

Beige Teal Driving Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Black Adjustable Cab Security Bar

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Amber Round Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Border Cab Insect Screen

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Braided DC Power Cable

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Black Clip Toll Tag Holder

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Color Sleeve Bungee Cords

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Compact Step Stool

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Contoured Sleep Mask

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +5min

Additional conditions/effects: Rest effect (minutes) 5

Black Cube Mesh Storage Basket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Digital Torque Adapter

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Black Document Storage Tube

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Dome Dashboard Compass

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Black Drawstring Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 9% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Black Dual USB AC Adapter

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Black Electrical Test Probe Pair

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Black Handle Cylinder Lantern

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Black Everyday Baseball Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 6% / Heat protection +2pt while equipped; shifts raw targets above 50 toward 50

Black Handle Oil Drain Pan

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Black Flexible Reading Lamp

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Black Hanging Cab Waste Bin

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Grip Compact Adjustable Wrench

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Black Hanging Mesh Shelf

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Grip General Purpose Pliers

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Black Honeycomb Cab Floor Mat

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Handheld Two Way Radio

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Black Lace Up Work Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 15000.

Cold protection: +1pt
Additional conditions/effects: Cold protection 1

Black Lime Hiking Sandals

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Black Metal Clip Clipboard

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Lime Trail Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Durable long-distance walking shoes; no direct stat change

Black Orange Button Flashlight

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Black Long Needle Nose Pliers

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Black Padded Shoulder Sleeve

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Long Sleeve Base Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +3pt

Cold protection: +3pt

Additional conditions/effects: Heat protection 3 / Cold protection 3

Black Perforated Button Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.96

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.96

Black Low Slip On Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Cold protection: +1pt

Additional conditions/effects: Heat protection 1 / Cold protection 1

Black Recessed Meal Tray

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Meal hygiene loss: x0.50

Additional conditions/effects: Meal hygiene multiplier 0.5

Black Mesh Baseball Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 2 / Hot-weather hygiene multiplier 0.95

Black Red Trail Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Durable long-distance walking shoes; no direct stat change

Black Round Foldable Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Seat Back Pocket Organizer

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Silver Lime Running Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.95

Black Slate Panel Leggings

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Black Sport Slides

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Black Suction Phone Holder

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Black T Handle Driver Set

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Black Tapered Running Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Black tea

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: +0.5/hr for 2 game hours

Hydration: +25 immediately

Toilet need: +5.83/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +15min

Cold condition:

Health: +0.5/hr for 2 game hours

Perceived temperature: -4 immediately

Hydration: +25 immediately

Toilet need: +5.83/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +15min

Hot condition:

Health: +0.5/hr for 2 game hours

Perceived temperature: +5 immediately

Hydration: +25 immediately

Toilet need: +5.83/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +15min

Spoiled condition:

Black Trigger Fluid Transfer Pump

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Blue Cooling Foot Spray

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Black Ventilated Shoe Bag

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Blue Draining Soap Tray

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 60.

No direct numeric recovery. Check its usage or equipment conditions.

Black Weatherproof Cargo Padlock

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Blue Foaming Hand Cleanser

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Black White Stripe Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Blue Gray Cushion Sneakers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 15000.

No direct numeric recovery. Check its usage or equipment conditions.

Black Yellow Toe Work Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 15000.

Cold protection: +1pt

Additional conditions/effects: Cold protection 1

Blue Grip Adjustable Wrench

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Blue Cap Travel Toothpaste

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Blue Grip Magnetic Pickup Tool

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Blue Indicator Diagnostic Adapter

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Blue Marl Performance Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.86

Additional conditions/effects: Heat protection 5 /

Hot-weather hygiene multiplier 0.86

Blueberry yogurt waffle

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Satiety: +26 immediately

Hydration: -4 immediately

Personal hygiene: -1 immediately

Base happiness: +2pt

Boxed Travel Soap

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Blue Tapered Nose Pliers

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Brass Pressure Gauge Hose Kit

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Blue White Hard Cooler Box

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Bratwurst and potato salad

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +5 immediately

Satiety: +44 immediately

Hydration: +8 immediately

Personal hygiene: -3 immediately

Base happiness: +2pt

Blue White Power Toothbrush

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Bread and hot coffee

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately

Satiety: +22 immediately

Hydration: +20 immediately

Personal hygiene: -2 immediately

Base happiness: +1pt

Blueberry glazed donut

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +1 immediately

Satiety: +20 immediately

Hydration: -5 immediately

Personal hygiene: -1 immediately

Base happiness: +2pt

Bread and iced coffee

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: -3 immediately
Satiety: +22 immediately
Hydration: +22 immediately
Personal hygiene: -2 immediately
Base happiness: +1pt

Breakfast muffin set

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +3 immediately
Satiety: +30 immediately
Hydration: +12 immediately
Personal hygiene: -2 immediately
Base happiness: +1pt

Bronze Smoke Round Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Brown Black Knee Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 17000.

Heat protection: +3pt
Cold protection: +1pt
Hot hygiene loss: x0.90
Additional conditions/effects: Heat protection 3 / Cold protection 1 / Hot-weather hygiene multiplier 0.9

Brown Driver Logbook Binder

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Brown Rubber Ankle Boots

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt
Rain-walk hygiene loss: x0.80
Additional conditions/effects: Cold protection 1 / Rainy-walk hygiene multiplier 0.8

Brown Sand Mesh Panel Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt
Hot hygiene loss: x0.85
Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.85

Brown Stitched Driving Moccasins

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt
Cold protection: +1pt
Additional conditions/effects: Heat protection 1 / Cold protection 1

Buffalo wings

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
Satiety: +32 immediately
Hydration: -16 immediately
Personal hygiene: -4 immediately
Sleep cold protection: +1pt
Sleep health bonus: +1pt
Hot retention time: x0.00
Drink vehicle dirt: x0.00
Additional conditions/effects: Satiety +32 / Hydration -16 / Hygiene -4 / Perceived temperature +6

Buffalo wings

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
Satiety: +32 immediately
Hydration: -16 immediately
Personal hygiene: -4 immediately
Base happiness: +1pt

Burgundy Active Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 11% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Burgundy Bucket Hat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 8% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Burgundy Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Burgundy Cream Stripe Track Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt
Cold protection: +2pt
Additional conditions/effects: Heat protection 2 / Cold protection 2

Burgundy Plum Cat Eye Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Burgundy Raglan Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +2pt
Additional conditions/effects: Cold protection 2

Burgundy Trek Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Durable long-distance walking shoes; no direct stat change

Burgundy White Mesh Running Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt
Hot hygiene loss: x0.95
Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.95

Burnt Orange Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Burnt Orange Insulated Food Jar

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50
Additional conditions/effects: Heat retention x1.5

Burrito

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +33 immediately
Hydration: -12 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Cold condition:
Perceived temperature: -3 immediately
Satiety: +33 immediately
Hydration: -12 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately
Spoiled condition:

Business Hygiene Kit X15

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt
Additional conditions/effects: Hygiene +15 extra recovery

Business Softshell

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt
Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Butane Cartridge X4

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 1.

Additional conditions/effects: Each burner heating uses 1 cartridge

Canal Blue Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Canal Waterproof Bag Cover

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 5000.

Rain-walk hygiene loss: x0.67
Additional conditions/effects: Rainy-walk hygiene loss reduced from -3 to -2 per game hour

Cascade Check Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +20min
Sleep cold protection: +7pt
Sleep health bonus: +1pt
Additional conditions/effects: Time until rest +20 minutes / Sleep-only cold protection +7pt for estimated sleep temperature
Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

Cascade Green Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Casual Quilted Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt
Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Charcoal Active Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 11% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Charcoal Blue Trim Bath Towel

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 60.

Additional hygiene recovery: +8pt

Additional conditions/effects: Extra hygiene recovery 8

Charcoal Mesh Lumbar Seat Pad

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

No direct numeric recovery. Check its usage or equipment conditions.

Charcoal Cargo Training Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 17000.

Heat protection: +3pt

Cold protection: +1pt

Hot hygiene loss: x0.90

Additional conditions/effects: Heat protection 3 / Cold protection 1 / Hot-weather hygiene multiplier 0.9

Charcoal Mesh Shoulder Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.85

Charcoal Cuff Beanie

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Cold protection: +3pt

Additional conditions/effects: Cold protection 3

Charcoal Seat Gap Cup Organizer

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Charcoal Deodorant Spray

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Charcoal Tan Knuckle Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Additional conditions/effects: Cold protection 1

Charcoal Flat Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 6% / Heat protection +2pt while equipped; shifts raw targets above 50 toward 50

Charcoal Thermos Carry Sleeve

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Charcoal Keyed Cab Safe

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Charcoal Travel Neck Pillow

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +5min

Additional conditions/effects: Rest effect (minutes) 5

Charcoal Travel Umbrella

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 3500.

Rain-walk hygiene loss: x0.30

Additional conditions/effects: Rainy-walk hygiene multiplier 0.3

Cheese pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +28 immediately

Hydration: -10 immediately

Personal hygiene: -4 immediately

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Satiety +28 / Hydration -10 / Hygiene -4 / Perceived temperature +6

Cheese pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +28 immediately

Hydration: -10 immediately

Personal hygiene: -4 immediately

Base happiness: +1pt

Cheese puffs

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +15 immediately

Hydration: -20 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Cheeseburger and onion rings set

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +5 immediately

Satiety: +46 immediately

Hydration: +12 immediately

Personal hygiene: -4 immediately

Base happiness: +2pt

Cheeseburger set

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +42 immediately

Hydration: +12 immediately

Personal hygiene: -4 immediately

Base happiness: +1pt

Cheeseburger

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +35 immediately

Hydration: -12 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +35 immediately

Hydration: -12 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Chicken and waffle

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +3 immediately

Satiety: +42 immediately

Hydration: -8 immediately

Personal hygiene: -3 immediately

Base happiness: +2pt

Chicken burger set

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +40 immediately
 Hydration: +12 immediately
 Personal hygiene: -4 immediately
 Base happiness: +1pt

Chicken shawarma platter

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +5 immediately
 Satiety: +43 immediately
 Hydration: +8 immediately
 Personal hygiene: -3 immediately
 Base happiness: +2pt

Chicken kabsa rice

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +52 immediately
 Hydration: -8 immediately
 Personal hygiene: -4 immediately
 Base happiness: +3pt

Chicken tacos

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately
 Satiety: +36 immediately
 Hydration: -5 immediately
 Personal hygiene: -3 immediately
 Base happiness: +2pt

Chicken nuggets

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +28 immediately
 Hydration: -12 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately

Cold condition:
 Perceived temperature: -3 immediately
 Satiety: +28 immediately
 Hydration: -12 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately
 Spoiled condition:

Chicken wings

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +32 immediately
 Hydration: -16 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately

Cold condition:
 Perceived temperature: -3 immediately
 Satiety: +32 immediately
 Hydration: -16 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately
 Spoiled condition:

Chicken quesadillas

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +5 immediately
 Satiety: +37 immediately
 Hydration: -6 immediately
 Personal hygiene: -3 immediately
 Base happiness: +2pt

Chicken wrap combo

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +3 immediately
 Satiety: +35 immediately
 Hydration: +18 immediately
 Personal hygiene: -2 immediately
 Base happiness: +1pt

Chicken wrap

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +30 immediately
 Hydration: -10 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately
 Cold condition:
 Perceived temperature: -3 immediately
 Satiety: +30 immediately
 Hydration: -10 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately
 Spoiled condition:

Chili cheese dog

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +5 immediately
 Satiety: +39 immediately
 Hydration: -10 immediately
 Personal hygiene: -3 immediately
 Base happiness: +2pt

Chili cheese fries

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately
 Satiety: +30 immediately
 Hydration: -9 immediately
 Personal hygiene: -2 immediately
 Base happiness: +2pt

Chili dog and fries set

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +5 immediately
 Satiety: +42 immediately
 Hydration: +14 immediately
 Personal hygiene: -3 immediately
 Base happiness: +2pt

Chocolate banana waffle

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +1 immediately
 Satiety: +29 immediately
 Hydration: -6 immediately
 Personal hygiene: -1 immediately
 Base happiness: +2pt

Chocolate bar

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +12 immediately
 Hydration: -6 immediately
 Personal hygiene: -2 immediately
 Vehicle cleanliness: -1 immediately

Chocolate milk

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +8 immediately
 Hydration: +24 immediately
 Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately
 Cold condition:
 Perceived temperature: -3 immediately
 Satiety: +8 immediately
 Hydration: +24 immediately
 Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately
 Spoiled condition:

Chocolate sprinkle donut

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +1 immediately
 Satiety: +20 immediately
 Hydration: -6 immediately
 Personal hygiene: -1 immediately
 Base happiness: +2pt

Cinnamon sugar donut

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +2 immediately
Satiety: +19 immediately
Hydration: -5 immediately
Personal hygiene: -1 immediately
Base happiness: +2pt

City Waxed Coat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt
Rain-walk hygiene loss: x0.45
Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 55% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

City Check Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +20min
Sleep cold protection: +7pt
Sleep health bonus: +1pt
Additional conditions/effects: Time until rest +20 minutes / Sleep-only cold protection +7pt for estimated sleep temperature
Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

Clam chowder

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Health: +0.25/hr for 2 game hours
Perceived temperature: +10 immediately
Satiety: +28 immediately
Hydration: +12 immediately
Toilet need: +2.8/hr for 3 game hours, starts after 1 game hours
Personal hygiene: -2 immediately
Sleep cold protection: +1pt
Sleep health bonus: +1pt
Hot retention time: x0.00
Drink vehicle dirt: x0.00
Additional conditions/effects: Health +0.25x2h / Satiety +28 / Hydration +12 / Relief need +2.8x3h(after 1h) / Hygiene -2 / Perceived temperature +10

City Emergency Drying Kit X8

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Personal hygiene: +8 immediately
Additional conditions/effects: Hygiene +8

Clam chowder

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Health: +0.25/hr for 2 game hours
Perceived temperature: +10 immediately
Satiety: +28 immediately
Hydration: +12 immediately
Toilet need: +2.8/hr for 3 game hours
Personal hygiene: -2 immediately
Base happiness: +1pt

City Smoke Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

City Storm Umbrella

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 3500.

Rain-walk hygiene loss: x0.30
Additional conditions/effects: Environmental hygiene loss reduced by 70%

Classic Amber Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Heat protection: +1pt
Additional conditions/effects: Light sunglass tint reduces sunlight/glare / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Classic Brown Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Heat protection: +1pt

Additional conditions/effects: Light sunglass tint reduces sunlight/glare / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Classic hot dog

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately

Satiety: +30 immediately

Hydration: -8 immediately

Personal hygiene: -2 immediately

Base happiness: +1pt

Classic Linen Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +7pt

Hot hygiene loss: x0.85

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +7pt while equipped; shifts raw targets above 50 toward 50

Classic maple waffle

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +2 immediately

Satiety: +23 immediately

Hydration: -5 immediately

Personal hygiene: -1 immediately

Base happiness: +1pt

Classic Wool Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +5pt

Additional conditions/effects: Cold protection +5pt while equipped; shifts raw targets below 50 toward 50

Clear Blue Handle Water Jug

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Clear Gray Brown Square Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Clear Handle Circuit Test Probe

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Clear Manual Drip Coffee Set

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Clear Mint Facial Cleansing Gel

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Clear Pump Hand Sanitizer

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Coast Island Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +20min

Sleep cold protection: +7pt

Sleep health bonus: +1pt

Additional conditions/effects: Time until rest +20 minutes / Sleep-only cold protection +7pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

Coastal Cooling Towel

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 60.

Heat protection: +6pt

Additional hygiene recovery: +5pt

Hot hygiene loss: x0.80

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +6pt while equipped; shifts raw targets above 50 toward 50

Auxiliary effect: Each personal hygiene action restores an additional 5 hygiene

Coast Mesh Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +8pt

Hot hygiene loss: x0.80

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +8pt while equipped; shifts raw targets above 50 toward 50

Coastal Ripple Cooling Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +7pt

Hot hygiene loss: x0.80

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +7pt while equipped; shifts raw targets above 50 toward 50

Coast Walking Sandals

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +3pt

Hot hygiene loss: x0.85

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Coastal Windproof Shirt

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt

Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Coastal Amber Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Heat protection: +1pt

Additional conditions/effects: Light sunglass tint reduces sunlight/glare / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Cobalt Active Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 14% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Cobalt Performance Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Cobalt Zip Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 14% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Coconut water

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: +0.25/hr for 2 game hours

Satiety: +1 immediately

Hydration: +34 immediately

Toilet need: +7.93/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Health: +0.25/hr for 2 game hours

Perceived temperature: -4 immediately

Satiety: +1 immediately

Hydration: +34 immediately

Toilet need: +7.93/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cola

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: -0.5 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +15min

Cold condition:

Health: -0.5 immediately

Perceived temperature: -4 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +15min

Cold brew coffee

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +1 immediately

Hydration: +20 immediately

Toilet need: +4.67/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +75min

Cold condition:

Perceived temperature: -4 immediately

Satiety: +1 immediately

Hydration: +20 immediately

Toilet need: +4.67/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +75min

Cold Medicine

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Reuse cooldown: 8 game hours.

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Treats a cold immediately

Comfort Quilted Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +35min

Sleep cold protection: +12pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +35 minutes / Sleep-only cold protection +12pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Compact Wide Lens Dash Camera

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Condition Recovery

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Reuse cooldown: 4 game hours.

Sleep cold protection: +1pt
 Sleep health bonus: +1pt
 Hot retention time: x0.00
 Drink vehicle dirt: x0.00
 Additional conditions/effects: Health +3

Continental Windproof Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +6pt
 Additional conditions/effects: Cold protection +6pt while equipped; shifts raw targets below 50 toward 50

Cookies and cream donut

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +1 immediately
 Satiety: +22 immediately
 Hydration: -7 immediately
 Personal hygiene: -1 immediately
 Base happiness: +2pt

Cookies

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +15 immediately
 Hydration: -8 immediately
 Personal hygiene: -2 immediately
 Vehicle cleanliness: -1 immediately

Coolant Premix

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Additional conditions/effects: Current A/C refrigerant/system interval remaining distance +2,000km; capped at the base 30,000km interval; uses 1 item

Coral Mesh Driving Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Cork Ventilated Sandals

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt
 Hot hygiene loss: x0.80
 Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Corn dog

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +25 immediately
 Hydration: -10 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately

Cold condition:
 Perceived temperature: -3 immediately
 Satiety: +25 immediately
 Hydration: -10 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately

Spoiled condition:

Corn dogs

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately
 Satiety: +32 immediately
 Hydration: -7 immediately
 Personal hygiene: -2 immediately
 Base happiness: +1pt

Cozy Green Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Cozy Vacuum Mug

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50

Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

Cream Forest Mesh Trucker Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 2 / Hot-weather hygiene multiplier 0.95

Crackers

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +12 immediately

Hydration: -12 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Cream Gum Sole Slip On Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Cold protection: +1pt

Additional conditions/effects: Heat protection 1 / Cold protection 1

Cream Brown Navy Trucker Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 2 / Hot-weather hygiene multiplier 0.95

Cream Pump Aftershave Balm

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

No direct numeric recovery. Check its usage or equipment conditions.

Cream Brown Raglan Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +2pt

Additional conditions/effects: Cold protection 2

Cream soda

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Health: -0.5 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Health: -0.5 immediately

Perceived temperature: -4 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cream Fleece Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +3pt

Additional conditions/effects: Cold protection 3

Cream Travel Lip Balm

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

No direct numeric recovery. Check its usage or equipment conditions.

Creek Gray Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Crispy fish combo

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately
Satiety: +40 immediately
Hydration: +12 immediately
Personal hygiene: -3 immediately
Base happiness: +2pt

Cruise Walking Sandals

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +3pt
Hot hygiene loss: x0.85
Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Cup Holder Leak Guard Insert

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 15000.

Drink vehicle dirt: x0.00
Additional conditions/effects: Prevents drink-related vehicle cleanliness loss (-1 -> 0)

Cup noodles

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +33 immediately
Hydration: -30 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately
Satiety: +33 immediately
Hydration: -30 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Hot condition:

Perceived temperature: +10 immediately
Satiety: +33 immediately
Hydration: -30 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Spoiled condition:

Curry rice

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +33 immediately
Hydration: -18 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately
Satiety: +33 immediately
Hydration: -18 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Hot condition:

Perceived temperature: +6 immediately
Satiety: +33 immediately
Hydration: -18 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Spoiled condition:

Cycling Windproof Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt
Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Daily All Season Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Cold protection: +1pt

Additional conditions/effects: All-season gear slightly reduces extreme cold/heat effects / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Deepblue Sand Lightweight Cargo Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 15000.

Heat protection: +3pt

Cold protection: +1pt

Hot hygiene loss: x0.93

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 7% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Daily Seasonal Nutrition Pack X7

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Health: +3 immediately

Rest bonus: +15min

Additional conditions/effects: Health +3, Time until rest +15 minutes

Detachable Thermal Vest

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +6pt

Additional conditions/effects: Cold protection +6pt while equipped; shifts cold perceived temperature toward a comfortable 50 by 6pt

Deep Blue Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Diet cola

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: -0.5 immediately

Hydration: +22 immediately

Toilet need: +5.13/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +15min

Cold condition:

Health: -0.5 immediately

Perceived temperature: -4 immediately

Hydration: +22 immediately

Toilet need: +5.13/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +15min

Deep Teal Bucket Hat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Additional conditions/effects: Heat protection 2

Deepblue Cotton Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +2pt

Additional conditions/effects: Cold protection +2pt while equipped; shifts raw targets below 50 toward 50

Digestive Enzyme Tablets

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Additional conditions/effects: Natural satiety loss reduced by 15%

Digital Tire Pressure Gauge

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

Additional conditions/effects: Shows exact tire life/remaining distance and current Weak/Failed state

Disposable Dining Mat

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 1.

Meal hygiene loss: x0.50

Additional conditions/effects: Reduces food-related hygiene loss by 50%

Auxiliary effect: Consumed after one meal

Disposable Emergency Urine Bag X10

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 1.

Personal hygiene: -5 immediately

Additional conditions/effects: Sets relief need to 20; hygiene -5

Disposable Hand Warmer X6

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Perceived temperature: +4 immediately

Additional conditions/effects: Perceived temperature +4pt immediately

Auxiliary effect: For 2 game hours, Cold exposure accumulation x0.65

Donut

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +15 immediately

Hydration: -6 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Drive Boost

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Reuse cooldown: 4 game hours.

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Time until rest +30 minutes

Driver Seat Knee Impact Pad

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 30.

Major-accident health damage reduction: +2pt

Additional conditions/effects: Major collision health damage reduced by an additional 2; leg injury probability reduced by 30%

Driver Seat Lumbar Support Cushion

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

Additional conditions/effects: Time until rest +10 minutes (once between rests)

Driver Seat Neck Cushion

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

Additional conditions/effects: Time until rest +5 minutes (once between rests)

Dry Climate Cooler Pouch

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 150.

Additional conditions/effects: Ambient storage time accumulates at x0.50

Dry Climate Sandals

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +3pt

Hot hygiene loss: x0.85

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Dry Cooling Neck Wrap

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 60.

Heat protection: +6pt

Additional hygiene recovery: +5pt

Hot hygiene loss: x0.80

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +6pt while equipped; shifts raw targets above 50 toward 50

Auxiliary effect: Each personal hygiene action restores an additional 5 hygiene

Dry Shampoo

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Personal hygiene: +15 immediately

Additional conditions/effects: Hygiene +15

Dumplings

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +28 immediately

Hydration: -8 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +28 immediately

Hydration: -8 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Hot condition:

Perceived temperature: +6 immediately

Satiety: +28 immediately

Hydration: -8 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Dusty Plum Cotton Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Additional conditions/effects: Heat protection 2

Earflap Winter Hat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Cold protection: +3pt

Additional conditions/effects: Cold protection +3pt while equipped; shifts raw targets below 50 toward 50

Eastern Quilted Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +30min

Sleep cold protection: +10pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +30 minutes / Sleep-only cold protection +10pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Egg salad sandwich

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +1 immediately

Satiety: +29 immediately

Hydration: -3 immediately

Personal hygiene: -1 immediately

Base happiness: +1pt

Egg sandwich

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +30 immediately

Hydration: -8 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +30 immediately

Hydration: -8 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Elastic Compression Bandage

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 1.

Major-accident maximum-health damage reduction: +2pt

Additional conditions/effects: Health +5

Electric Heated Seat Cushion

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 30000.

Additional conditions/effects: When HVAC is Weak or Failed, shifts cold targets toward 50 by +6pt

Auxiliary effect: Cold exposure accumulation $\times 0.85$

Electrolyte Tablets X6

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Hydration: +15 immediately

Toilet need: +2.5/hr for 3 game hours, starts after 1 game hours

Additional conditions/effects: Uses 0.5L utility water; hydration +15

Auxiliary effect: Delayed relief need equals 50% of actual hydration recovered, spread over 3 hours after a 1-hour delay

Emergency Thermal Bivy Sack

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +40min

Sleep cold protection: +15pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +40 minutes / Sleep-only cold protection +15pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Energy drink

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: -1 immediately

Hydration: +28 immediately

Toilet need: +6.53/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +90min

Engine Oil Top Up Fluid

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Additional conditions/effects: For 1,000km, reduces engine-oil acceleration/drivetrain efficiency penalties by 50%; does not reset service intervals

Explorer Durable Walking Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 18000.

Additional conditions/effects: Durable long-distance walking shoes; no direct stat change

Explorer Windproof Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt

Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Extreme Insulated Boots

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt

Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Falafel mezze platter

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately

Satiety: +35 immediately

Hydration: +10 immediately

Personal hygiene: -2 immediately

Base happiness: +2pt

Fever Relief Cooling Patch

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Health: +1 immediately

Perceived temperature: -4 immediately

Additional conditions/effects: Health +1; perceived temperature -4pt immediately

Auxiliary effect: For 2 game hours, Heat exposure accumulation $\times 0.70$

Fine Wool Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +35min

Sleep cold protection: +12pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +35 minutes / Sleep-only cold protection +12pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Fish and chips

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +5 immediately

Satiety: +43 immediately

Hydration: +10 immediately

Personal hygiene: -3 immediately

Base happiness: +2pt

Fleece Lined Mountain Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt

Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Fleece Lined Vest

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +6pt

Additional conditions/effects: Cold protection +6pt while equipped; shifts raw targets below 50 toward 50

Forest Beige Mesh Walking Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: $\times 0.95$

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.95

Forest Green Fleece Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +3pt

Additional conditions/effects: Cold protection 3

Forest Green Heather Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.86

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.86

Forest Green Stainless Vacuum Flask

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50

Additional conditions/effects: Heat retention x1.5

Forest Green Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Heat protection: +1pt

Additional conditions/effects: Light sunglass tint reduces sunlight/glare / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Forest Loop End Utility Rope

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Forest Sand Fingerless Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.96

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.96

Four cheese pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +32 immediately

Hydration: -14 immediately

Personal hygiene: -4 immediately

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Satiety +32 / Hydration -14 / Hygiene -4 / Perceived temperature +6

Four cheese pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +32 immediately

Hydration: -14 immediately

Personal hygiene: -4 immediately

Base happiness: +2pt

Four Panel Portable Solar Charger

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

French fries

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +18 immediately

Hydration: -18 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +18 immediately

Hydration: -18 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Fried chicken and cola

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
Satiety: +42 immediately
Hydration: +22 immediately
Personal hygiene: -4 immediately
Base happiness: +1pt

Fried chicken

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +38 immediately
Hydration: -15 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Cold condition:
Perceived temperature: -3 immediately
Satiety: +38 immediately
Hydration: -15 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Spoiled condition:

Fried chicken

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
Satiety: +38 immediately
Hydration: -15 immediately
Personal hygiene: -4 immediately
Sleep cold protection: +1pt
Sleep health bonus: +1pt
Hot retention time: x0.00
Drink vehicle dirt: x0.00
Additional conditions/effects: Satiety +38 / Hydration -15 / Hygiene -4 / Perceived temperature +6

Fried chicken

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
Satiety: +38 immediately
Hydration: -15 immediately
Personal hygiene: -4 immediately
Base happiness: +1pt

Fried rice

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +33 immediately
Hydration: -15 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Cold condition:
Perceived temperature: -3 immediately
Satiety: +33 immediately
Hydration: -15 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Hot condition:
Perceived temperature: +6 immediately
Satiety: +33 immediately
Hydration: -15 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Spoiled condition:

Frontier Temperature Control Vest

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +3pt
Cold protection: +3pt
Additional conditions/effects: All-season gear slightly reduces extreme cold/heat effects / Cold protection +3pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Frontier Travel Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +20min
Sleep cold protection: +7pt
Sleep health bonus: +1pt
Additional conditions/effects: Time until rest +20 minutes / Sleep-only cold protection +7pt for estimated sleep temperature
Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

Frontier Windproof Walking Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +5pt

Additional conditions/effects: Cold protection +5pt while equipped; shifts raw targets below 50 toward 50

Fruit cup

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Health: +0.75/hr for 2 game hours

Satiety: +12 immediately

Hydration: +12 immediately

Toilet need: +2.8/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Health: +0.75/hr for 2 game hours

Perceived temperature: -3 immediately

Satiety: +12 immediately

Hydration: +12 immediately

Toilet need: +2.8/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Ginger ale

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: -0.5 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Health: -0.5 immediately

Perceived temperature: -4 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Glazed donut

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +1 immediately

Satiety: +17 immediately

Hydration: -5 immediately

Personal hygiene: -1 immediately

Base happiness: +1pt

Fur Lined Earflap Hat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Cold protection: +4pt

Additional conditions/effects: Cold protection +4pt while equipped; shifts cold perceived temperature toward a comfortable 50 by 4pt

Gale Windproof Shirt

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt

Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Granola bar

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +14 immediately

Hydration: -6 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Grape juice

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +2 immediately

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -4 immediately

Satiety: +2 immediately

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Graphite Quilted Driver Seat

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

No direct numeric recovery. Check its usage or equipment conditions.

Graphite Utility Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Gray Backrest Seat Cushion Set

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Canvas Slip On Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Cold protection: +1pt

Additional conditions/effects: Heat protection 1 / Cold protection 1

Gray Case Manicure Kit

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Gray Compact Electric Kettle

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Compact Hot Air Gun

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Coral Seam Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +3pt

Additional conditions/effects: Cold protection 3

Gray Corner Clamp Tablet Holder

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Desktop Cabin Meter

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Digital Portable Tire Inflator

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 20.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Handle Portable Power Pack

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Dual Hook Hanging Box

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Handle Portable Power Station

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Eyelet Cargo Tarp

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Lidded Storage Crate

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Finned Cup Holder Insert

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 15000.

Drink vehicle dirt: x0.00

Additional conditions/effects: Drink vehicle cleanliness multiplier 0

Gray Lime Seam Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.86

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.86

Gray Folded Bunk Sleeping Pad

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +5min

Additional conditions/effects: Rest effect (minutes) 5

Gray Marl Cuffed Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +3pt

Additional conditions/effects: Cold protection 3

Gray Grip Flat Head Screwdriver

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Mesh Trucker Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 2 / Hot-weather hygiene multiplier 0.95

Gray Mint Mesh Running Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.95

Gray Perforated Slip On Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.95

Gray Navy Chest Stripe Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +2pt

Additional conditions/effects: Cold protection 2

Gray Segmented Dashboard Tray

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Navy Outdoor Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 15000.

No direct numeric recovery. Check its usage or equipment conditions.

Gray Straight Training Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Gray Padded Fingerless Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.96

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.96

Gray Ventilated Driving Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Gray Perforated Driving Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.96

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.96

Gray Wedge Seat Cushion

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

No direct numeric recovery. Check its usage or equipment conditions.

Green Band Shaving Foam

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Green Oral Freshening Spray

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Green tea

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: +0.5/hr for 2 game hours

Hydration: +26 immediately

Toilet need: +6.07/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +15min

Cold condition:

Health: +0.5/hr for 2 game hours

Perceived temperature: -4 immediately

Hydration: +26 immediately

Toilet need: +6.07/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +15min

Hot condition:

Health: +0.5/hr for 2 game hours

Perceived temperature: +5 immediately

Hydration: +26 immediately

Toilet need: +6.07/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +15min

Spoiled condition:

Grilled cheese sandwich

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately

Satiety: +31 immediately

Hydration: -5 immediately

Personal hygiene: -2 immediately

Base happiness: +2pt

Grilled chicken and cola

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +44 immediately

Hydration: +20 immediately

Personal hygiene: -4 immediately

Base happiness: +2pt

Gummy candy

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +10 immediately

Hydration: -3 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Gunmetal Gray Square Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Ham mushroom cheese crepe set

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately

Satiety: +36 immediately

Hydration: +12 immediately

Personal hygiene: -2 immediately

Base happiness: +2pt

Hamburger

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +33 immediately
 Hydration: -10 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately

Cold condition:
 Perceived temperature: -3 immediately
 Satiety: +33 immediately
 Hydration: -10 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately
 Spoiled condition:

Hamburger

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +38 immediately
 Hydration: +8 immediately
 Toilet need: +1.87/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -4 immediately
 Sleep cold protection: +1pt
 Sleep health bonus: +1pt
 Hot retention time: x0.00
 Drink vehicle dirt: x0.00
 Additional conditions/effects: Satiety +38 / Hydration +8 / Relief need +1.87×3h(after 1h) / Hygiene -4 / Perceived temperature +6

Hamburger

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +38 immediately
 Hydration: +8 immediately
 Toilet need: +1.87/hr for 3 game hours
 Personal hygiene: -4 immediately
 Base happiness: +1pt

Harbor Blue Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Harbor Large Capacity Thermal Mug

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50
 Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

Harbor Quick Dry Towel

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Heat protection: +5pt
 Additional hygiene recovery: +3pt
 Hot hygiene loss: x0.85
 Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50
 Auxiliary effect: Each personal hygiene action restores an additional 8 hygiene

Harbor Waterproof Walking Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt
 Rain-walk hygiene loss: x0.85
 Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 15% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Hard candy

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +5 immediately
 Hydration: -2 immediately
 Personal hygiene: -2 immediately
 Vehicle cleanliness: -1 immediately

Hawaiian pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +32 immediately
 Hydration: -12 immediately
 Personal hygiene: -4 immediately
 Sleep cold protection: +1pt
 Sleep health bonus: +1pt
 Hot retention time: x0.00
 Drink vehicle dirt: x0.00
 Additional conditions/effects: Satiety +32 / Hydration -12 / Hygiene -4 / Perceived temperature +6

Hawaiian pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +32 immediately
 Hydration: -12 immediately
 Personal hygiene: -4 immediately
 Base happiness: +1pt

Heavy Performance Socks

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt
 Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Heavy Waterproof Coat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +12pt
 Rain-walk hygiene loss: x0.45
 Additional conditions/effects: Cold protection +12pt while equipped; shifts raw targets below 50 toward 50
 Auxiliary effect: Rainy-walk environmental hygiene loss reduced by 55%

Heavy Waterproof Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt
 Rain-walk hygiene loss: x0.85
 Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 15% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Heavy Wool Socks

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +8pt
 Additional conditions/effects: Cold protection +8pt while equipped; shifts raw targets below 50 toward 50

Heavy Wool Sweater

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +10pt
 Additional conditions/effects: Cold protection +10pt while equipped; shifts raw targets below 50 toward 50

Heavy-Duty Insulated Work Boots

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt
 Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Heavy-Duty Large Thermos

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50
 Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

High Wind Folding Umbrella

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 5000.

Rain-walk hygiene loss: x0.25

Additional conditions/effects: Environmental hygiene loss reduced by 75%

Highland Extreme Puffer

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +12pt

Additional conditions/effects: Cold protection +12pt while equipped; shifts raw targets below 50 toward 50

Highland Ventilated Polo Shirt

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +8pt

Hot hygiene loss: x0.80

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +8pt while equipped; shifts raw targets above 50 toward 50

Hiker Long Distance Walking Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 15000.

Additional conditions/effects: Durable long-distance walking shoes; no direct stat change

Honey Brown Round Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Hooked Tube Inspection Light

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Hot coffee

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately

Satiety: +3 immediately

Hydration: +20 immediately

Personal hygiene: -1 immediately

Base happiness: +1pt

Hot dog

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +25 immediately

Hydration: -10 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +25 immediately

Hydration: -10 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Hot tea

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately

Satiety: +2 immediately

Hydration: +22 immediately

Personal hygiene: -1 immediately

Base happiness: +1pt

Hot wing and cola

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +7 immediately

Satiety: +36 immediately

Hydration: +22 immediately

Personal hygiene: -4 immediately

Base happiness: +1pt

Hydration Gel

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Hydration: +15 immediately

Toilet need: +2.5/hr for 3 game hours, starts after 1 game hours

Additional conditions/effects: Hydration +15; delayed relief need from this recovery is 50% of a normal drink

Ice cream

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: -2 immediately

Satiety: +18 immediately

Hydration: +4 immediately

Personal hygiene: -2 immediately

Base happiness: +1pt

Ice Blue Lilac Running Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.95

Iced coffee

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +1 immediately

Hydration: +20 immediately

Toilet need: +4.67/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +60min

Cold condition:

Perceived temperature: -4 immediately

Satiety: +1 immediately

Hydration: +20 immediately

Toilet need: +4.67/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +60min

Ice Blue Long Cuff Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.96

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.96

Iced coffee

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: -3 immediately

Satiety: +2 immediately

Hydration: +22 immediately

Personal hygiene: -1 immediately

Base happiness: +1pt

Ice Blue Walking Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Durable walking shoes; no direct stat change

Ice Blue White Panel Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.85

Iced tea

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: -3 immediately

Satiety: +2 immediately

Hydration: +24 immediately

Personal hygiene: -1 immediately

Base happiness: +1pt

Industrial Gray Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Ivory Blue Pump Moisturizer

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

No direct numeric recovery. Check its usage or equipment conditions.

Instant ramen

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +28 immediately

Hydration: -20 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +28 immediately

Hydration: -20 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Hot condition:

Perceived temperature: +6 immediately

Satiety: +28 immediately

Hydration: -20 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Ivory Cotton Driving Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Additional conditions/effects: Cold protection 1

Ivory Gray Dotted Grip Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.96

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.96

Insulated Winter Boots

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +6pt

Additional conditions/effects: Cold protection +6pt while equipped; shifts raw targets below 50 toward 50

Ivory Gray Knee Panel Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Insulated Work Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +6pt

Additional conditions/effects: Cold protection +6pt while equipped; shifts raw targets below 50 toward 50

Ivory Navy Cuff Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +2pt

Additional conditions/effects: Cold protection 2

Ivory Olive Trim Bucket Hat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Additional conditions/effects: Heat protection 2

Ivory Violet Hair Conditioner

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

No direct numeric recovery. Check its usage or equipment conditions.

Khaki Roll Up Ground Mat

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Kofta kebab platter

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
Satiety: +50 immediately
Hydration: -9 immediately
Personal hygiene: -4 immediately
Base happiness: +3pt

Kraft Spiral Trip Notebook

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Lake Green Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Lamb mandi rice

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
Satiety: +55 immediately
Hydration: -10 immediately
Personal hygiene: -5 immediately
Base happiness: +3pt

Large Capacity Cold Water Bottle

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 200.

Additional conditions/effects: Cold drinks add another -2pt to perceived temperature

Large Capacity Thermos

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50
Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

Latte

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +5 immediately
Hydration: +20 immediately
Toilet need: +4.67/hr for 3 game hours, starts after 1 game hours
Personal hygiene: -1 immediately
Vehicle cleanliness: -1 immediately
Time until rest: +45min

Cold condition:
Perceived temperature: -4 immediately
Satiety: +5 immediately
Hydration: +20 immediately
Toilet need: +4.67/hr for 3 game hours, starts after 1 game hours
Personal hygiene: -1 immediately
Vehicle cleanliness: -1 immediately
Time until rest: +45min

Hot condition:
Perceived temperature: +5 immediately
Satiety: +5 immediately
Hydration: +20 immediately
Toilet need: +4.67/hr for 3 game hours, starts after 1 game hours
Personal hygiene: -1 immediately
Vehicle cleanliness: -1 immediately
Time until rest: +45min

Spoiled condition:

Lavender Cork Double Strap Sandals

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Lavender Trail Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Durable long-distance walking shoes; no direct stat change

Layered Long Sleeve Shirt

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +3pt

Cold protection: +3pt

Additional conditions/effects: All-season gear slightly reduces extreme cold/heat effects / Cold protection +3pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Leaf Herbal Supplement X7

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Health: +2 immediately

Rest bonus: +10min

Additional conditions/effects: Health +2, Time until rest +10 minutes

Leather Winter Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +3pt

Additional conditions/effects: Cold protection +3pt while equipped; shifts raw targets below 50 toward 50

Lemon-lime soda

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: -0.5 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Health: -0.5 immediately

Perceived temperature: -4 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Lemonade

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +2 immediately

Hydration: +28 immediately

Toilet need: +6.53/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -4 immediately

Satiety: +2 immediately

Hydration: +28 immediately

Toilet need: +6.53/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Light Gray Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Light Gray Charcoal Shoulder Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.85

Light Gray Drawstring Sweatpants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +3pt

Additional conditions/effects: Cold protection 3

Light Gray Wide Brim Sun Hat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +4pt

Hot hygiene loss: x0.90

Additional conditions/effects: Heat protection 4 /

Hot-weather hygiene multiplier 0.9

Light Winter Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +4pt

Additional conditions/effects: Cold protection +4pt while equipped; shifts raw targets below 50 toward 50

Lightweight Softshell Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +6pt

Additional conditions/effects: Cold protection +6pt while equipped; shifts raw targets below 50 toward 50

Lightweight Ventilated Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +6pt

Hot hygiene loss: x0.80

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +6pt while equipped; shifts raw targets above 50 toward 50

Lilac Face Cleansing Wipes

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Linen Short Sleeve Shirt

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +6pt

Hot hygiene loss: x0.85

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +6pt while equipped; shifts raw targets above 50 toward 50

Loaded beef nachos

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately

Satiety: +45 immediately

Hydration: -10 immediately

Personal hygiene: -3 immediately

Base happiness: +2pt

Long Distance Driving Antidiarrheal

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Additional conditions/effects: Natural and drink-delayed relief need reduced by 30%

Long Duration Cooler Water Bottle

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 200.

Additional conditions/effects: Cold drinks add another -2pt to perceived temperature

Long Lasting Antiperspirant

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30.

Hot hygiene loss: x0.75

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 25%

Long Retention Thermos

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x2.00

Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

Luno Pocket

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1000.

Base happiness: +3pt

Additional conditions/effects: Advance 1 game hour / No fatigue recovery / Happiness +3

Mac and cheese

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +30 immediately

Hydration: -16 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +30 immediately

Hydration: -16 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Hot condition:

Perceived temperature: +6 immediately

Satiety: +30 immediately

Hydration: -16 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Mac and cheese

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +30 immediately

Hydration: -16 immediately

Personal hygiene: -4 immediately

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Satiety +30 / Hydration -16 / Hygiene -4 / Perceived temperature +6

Mac and cheese

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +30 immediately

Hydration: -16 immediately

Personal hygiene: -4 immediately

Base happiness: +1pt

Mango juice

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +3 immediately

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -4 immediately

Satiety: +3 immediately

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Marble Pattern Thermos

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50

Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

Margherita pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +30 immediately
 Hydration: -10 immediately
 Personal hygiene: -4 immediately
 Sleep cold protection: +1pt
 Sleep health bonus: +1pt
 Hot retention time: x0.00
 Drink vehicle dirt: x0.00
 Additional conditions/effects: Satiety +30 / Hydration -10 / Hygiene -4 / Perceived temperature +6

Margherita pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +30 immediately
 Hydration: -10 immediately
 Personal hygiene: -4 immediately
 Base happiness: +1pt

Marine Blue Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Heat protection: +1pt
 Additional conditions/effects: Light sunglass tint reduces sunlight/glare / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Marine Breeze Headband

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 9000.

Heat protection: +2pt
 Hot hygiene loss: x0.84
 Additional conditions/effects: Additional hot-weather hygiene loss reduced by 16% / Heat protection +2pt while equipped; shifts raw targets above 50 toward 50

Marine Cooling Towel

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 60.

Heat protection: +6pt
 Additional hygiene recovery: +5pt
 Hot hygiene loss: x0.80
 Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +6pt while equipped; shifts raw targets above 50 toward 50
 Auxiliary effect: Each personal hygiene action restores an additional 5 hygiene

Marine Gray Breathable Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt
 Hot hygiene loss: x0.96
 Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Marine Gray Sweat Wristband Set

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 8000.

Hot hygiene loss: x0.87
 Additional conditions/effects: Additional hot-weather hygiene loss reduced by 13%

Marine Light Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 11000.

Heat protection: +3pt
 Cold protection: +1pt
 Hot hygiene loss: x0.92
 Additional conditions/effects: Additional hot-weather hygiene loss reduced by 8% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Marine Light Sweat Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.86

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 14% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Marine Light Winter Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 14000.

Cold protection: +3pt

Rain-walk hygiene loss: x0.95

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 5% / Cold protection +3pt while equipped; shifts raw targets below 50 toward 50

Marine Olive Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 14000.

Heat protection: +6pt

Hot hygiene loss: x0.82

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 18% / Heat protection +6pt while equipped; shifts raw targets above 50 toward 50

Marine Olive Ventilated Cargo Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 15000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Marine Stripe Breeze Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +6pt

Hot hygiene loss: x0.84

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 16% / Heat protection +6pt while equipped; shifts raw targets above 50 toward 50

Maritime Wool Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +35min

Sleep cold protection: +12pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +35 minutes / Sleep-only cold protection +12pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Matte Black Square Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Meat lovers pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +35 immediately

Hydration: -16 immediately

Personal hygiene: -4 immediately

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Satiety +35 / Hydration -16 / Hygiene -4 / Perceived temperature +6

Meat lovers pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +35 immediately

Hydration: -16 immediately

Personal hygiene: -4 immediately

Base happiness: +2pt

Meatball spaghetti

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +35 immediately
 Hydration: -14 immediately
 Personal hygiene: -4 immediately
 Sleep cold protection: +1pt
 Sleep health bonus: +1pt
 Hot retention time: x0.00
 Drink vehicle dirt: x0.00
 Additional conditions/effects: Satiety +35 / Hydration -14 / Hygiene -4 / Perceived temperature +6

Meatball spaghetti

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +35 immediately
 Hydration: -14 immediately
 Personal hygiene: -4 immediately
 Base happiness: +2pt

Meatloaf

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +35 immediately
 Hydration: -10 immediately
 Personal hygiene: -4 immediately
 Sleep cold protection: +1pt
 Sleep health bonus: +1pt
 Hot retention time: x0.00
 Drink vehicle dirt: x0.00
 Additional conditions/effects: Satiety +35 / Hydration -10 / Hygiene -4 / Perceived temperature +6

Meatloaf

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +35 immediately
 Hydration: -10 immediately
 Personal hygiene: -4 immediately
 Base happiness: +2pt

Mesh Cab Side Window Shades

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

No direct numeric recovery. Check its usage or equipment conditions.

Metal Case Battery Load Tester

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Metro Gray Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Metro Multipurpose Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 16000.

Cold protection: +1pt
 Additional conditions/effects: Cold protection +1pt while equipped; shifts perceived temperature toward a comfortable 50 by 1pt; more durable than standard gloves

Metro Travel Hygiene Kit X15

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 15.

Additional hygiene recovery: +15pt
 Additional conditions/effects: Hygiene +15 extra recovery

Metro Urban Softshell

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt
 Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Mezze and stuffed grape leaves

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +3 immediately
 Satiety: +36 immediately
 Hydration: +12 immediately
 Personal hygiene: -2 immediately
 Base happiness: +2pt

Microfiber Travel Towel

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt
 Additional conditions/effects: Hygiene +8 extra recovery
 Auxiliary effect: Each personal hygiene action restores an additional 8 hygiene

Midnight Navy Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Milk tea

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: +0.5/hr for 2 game hours
 Satiety: +5 immediately
 Hydration: +24 immediately
 Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately
 Time until rest: +20min

Cold condition:

Health: +0.5/hr for 2 game hours
 Perceived temperature: -4 immediately
 Satiety: +5 immediately
 Hydration: +24 immediately
 Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately
 Time until rest: +20min

Hot condition:

Health: +0.5/hr for 2 game hours
 Perceived temperature: +5 immediately
 Satiety: +5 immediately
 Hydration: +24 immediately
 Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately
 Time until rest: +20min

Spoiled condition:

Mineral water

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Hydration: +35 immediately
 Toilet need: +8.17/hr for 3 game hours, starts after 1 game hours
 Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -4 immediately
 Hydration: +35 immediately
 Toilet need: +8.17/hr for 3 game hours, starts after 1 game hours
 Vehicle cleanliness: -1 immediately

Mini Toothbrush Travel Set

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt
 Additional conditions/effects: Extra hygiene recovery 3

Mint Cooling Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Mint Knit Cuff Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +3pt

Additional conditions/effects: Cold protection 3

Mint Pocket Hand Sanitizer Spray

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Mint Round Dental Floss

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Mint Ventilated Clogs

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Mint White Chest Panel Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +2pt

Additional conditions/effects: Cold protection 2

Mocha drink

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +5 immediately

Hydration: +22 immediately

Toilet need: +5.13/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +45min

Cold condition:

Perceived temperature: -4 immediately

Satiety: +5 immediately

Hydration: +22 immediately

Toilet need: +5.13/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +45min

Hot condition:

Perceived temperature: +5 immediately

Satiety: +5 immediately

Hydration: +22 immediately

Toilet need: +5.13/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Time until rest: +45min

Spoiled condition:

Modern All Season Coat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +3pt

Cold protection: +3pt

Additional conditions/effects: All-season gear slightly reduces extreme cold/heat effects / Cold protection +3pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Modern City Walking Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 14000.

Additional conditions/effects: Durable walking shoes; no direct stat change

Modern Green Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Modern Lightweight Sleep Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +20min

Sleep cold protection: +7pt

Sleep health bonus: +1pt

Additional conditions/effects: Time until rest +20 minutes / Sleep-only cold protection +7pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

Modern Thermal Mug

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50

Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

Modern Travel Hygiene Kit X12

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Hygiene +15 extra recovery

Modern Ultralight Umbrella

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 3500.

Rain-walk hygiene loss: x0.30

Additional conditions/effects: Environmental hygiene loss reduced by 70%

Modular Temperature Bottle

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50

Additional conditions/effects: Extends hot food/drink cooling time by x1.5

Moisture Absorbing Body Powder

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 100.

Hot hygiene loss: x0.80

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20%

Monster burger set

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +55 immediately

Hydration: +16 immediately

Personal hygiene: -5 immediately

Base happiness: +2pt

Mountain Botanical Air Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.86

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 14% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Mountain Green Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Mountain Grip Winter Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 14000.

Cold protection: +5pt

Additional conditions/effects: Cold protection +5pt while equipped; shifts raw targets below 50 toward 50

Mountain Navy Summer Cargo Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 15000.

Heat protection: +4pt

Hot hygiene loss: x0.90

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Mountain Olive Jogger Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 11000.

Heat protection: +2pt

Cold protection: +2pt

Hot hygiene loss: x0.96

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Cold protection +2pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +2pt while equipped; shifts raw targets above 50 toward 50

Mountain Quilted Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +35min

Sleep cold protection: +12pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +35 minutes / Sleep-only cold protection +12pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Muffin

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +18 immediately

Hydration: -7 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Multi Head Rotary Shaver

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Mushroom pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +30 immediately

Hydration: -10 immediately

Personal hygiene: -4 immediately

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Satiety +30 / Hydration -10 / Hygiene -4 / Perceived temperature +6

Mushroom pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +30 immediately

Hydration: -10 immediately

Personal hygiene: -4 immediately

Base happiness: +1pt

Mustard Mesh Side Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.85

Mustard Suede Sneakers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Cold protection: +1pt

Additional conditions/effects: Heat protection 1 / Cold protection 1

Navy Cream High Top Sneakers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Cold protection: +1pt

Additional conditions/effects: Heat protection 1 / Cold protection 1

Natural Green Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Navy Drawstring Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Navy Active Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 9% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Navy Gray Long Sleeve Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +3pt

Cold protection: +3pt

Additional conditions/effects: Heat protection 3 / Cold protection 3

Navy Blue Mirror Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Navy Grip Combination Pliers

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Navy Cab Storage Duffel

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Navy Heather Sport Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.86

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.86

Navy Closed Toe Water Sandals

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Navy Honeycomb Seat Cushion

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

No direct numeric recovery. Check its usage or equipment conditions.

Navy Hooded Sleeping Bag

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +40min

Sleep cold protection: +15pt

Sleep health bonus: +2pt

Additional conditions/effects: Sleep cold protection 15 / Extra sleep health recovery 2 / Rest effect (minutes) 40

Navy Ice Mirror Square Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Navy Lightweight Running Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Additional conditions/effects: Heat protection 2

Navy Manual Shaving Razor

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Navy Mesh Fingerless Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.96

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.96

Navy Mesh Running Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Navy Multiport Power Bank

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Navy Roll Up Cable Pouch

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Navy Round Swivel Seat Pad

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

No direct numeric recovery. Check its usage or equipment conditions.

Navy Scalp Cleansing Wipes

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Navy Seal Personal Wet Wipes

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Navy Sleeper Blackout Curtain

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +5min

Additional conditions/effects: Rest effect (minutes) 5

No Rinse Body Wash Bottle

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Navy Teal Stripe Track Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

North Black Sweat Wristband Set

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 8000.

Hot hygiene loss: x0.95

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 5%

Navy White Mesh Running Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.95

North City Raincoat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Rain-walk hygiene loss: x0.45

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 55% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Navy Wide Leg Training Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

North Frostguard Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 14000.

Cold protection: +6pt

Additional conditions/effects: Cold protection +6pt while equipped; shifts raw targets below 50 toward 50

Neck Protection Impact Pad

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 30.

Major-accident health damage reduction: +2pt

Additional conditions/effects: Major collision health damage reduced by an additional 2; neck injury probability reduced by 40%

North Leaf Breeze Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +4pt

Hot hygiene loss: x0.90

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

North Navy Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 14000.

Heat protection: +4pt

Hot hygiene loss: x0.90

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

North Night Running Headband

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 9000.

Heat protection: +1pt

Hot hygiene loss: x0.90

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

North Sand Comfort Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 11000.

Cold protection: +3pt

Additional conditions/effects: Cold protection +3pt while equipped; shifts raw targets below 50 toward 50

North Sand Lounge Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +3pt

Hot hygiene loss: x0.94

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 6% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Northern Heavy Puffer

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +11pt

Additional conditions/effects: Cold protection +11pt while equipped; shifts raw targets below 50 toward 50

Northern Heavyweight Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +30min

Sleep cold protection: +10pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +30 minutes / Sleep-only cold protection +10pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Nova Go

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1000.

Base happiness: +4pt

Additional conditions/effects: Advance 1 game hour / No fatigue recovery / Happiness +4

Ocean Charcoal Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 14000.

Heat protection: +5pt

Hot hygiene loss: x0.86

Rain-walk hygiene loss: x0.95

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 14% / Rainy-walk environmental hygiene loss reduced by 5% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Ocean Charcoal Quick-Dry Cargo Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 15000.

Heat protection: +4pt

Hot hygiene loss: x0.88

Rain-walk hygiene loss: x0.95

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Rainy-walk environmental hygiene loss reduced by 5% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Ocean Charcoal Quick-Dry Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 11000.

Heat protection: +2pt

Cold protection: +1pt

Hot hygiene loss: x0.95

Rain-walk hygiene loss: x0.97

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 5% / Rainy-walk environmental hygiene loss reduced by 3% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +2pt while equipped; shifts raw targets above 50 toward 50

Ocean Charcoal Training Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +4pt

Hot hygiene loss: x0.89

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 11% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Ocean Ice Geometry Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Ocean Olive Work Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Rain-walk hygiene loss: x0.95

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 5% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Ocean Quick-Dry Headband

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 9000.

Heat protection: +1pt

Hot hygiene loss: x0.86

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 14% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Ocean Sand Sweat Wristband Set

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 8000.

Hot hygiene loss: x0.90

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10%

Ocean Splash Performance Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +6pt

Hot hygiene loss: x0.83

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 17% / Heat protection +6pt while equipped; shifts raw targets above 50 toward 50

Ocean Stormproof Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 14000.

Cold protection: +4pt

Rain-walk hygiene loss: x0.85

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 15% / Cold protection +4pt while equipped; shifts raw targets below 50 toward 50

Ochre Charcoal Cuff Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Olive Beige Fleece Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +15min

Sleep cold protection: +6pt

Sleep health bonus: +1pt

Additional conditions/effects: Sleep cold protection 6 /

Extra sleep health recovery 1 / Rest effect (minutes) 15

Olive Camo Hiking Sandals

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Olive Camo Trail Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Durable long-distance walking shoes; no direct stat change

Olive Cream Brim Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Additional conditions/effects: Heat protection 2

Olive Cushioned Hairbrush

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Olive Drawstring Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 9% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Olive Field Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 14% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Olive Green Square Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Olive Holder Hygiene Bag Roll

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 60.

No direct numeric recovery. Check its usage or equipment conditions.

Olive Insulated Lunch Bag

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Olive Lightweight Work Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Olive Quarter Zip Long Sleeve Top

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +3pt

Cold protection: +3pt

Additional conditions/effects: Heat protection 3 / Cold protection 3

Olive Raglan Mesh Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.85

Olive Reinforced Knee Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 17000.

Heat protection: +3pt

Cold protection: +1pt

Hot hygiene loss: x0.90

Additional conditions/effects: Heat protection 3 / Cold protection 1 / Hot-weather hygiene multiplier 0.9

Olive Reusable Storage Tote

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Olive Sand Block Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Olive Tan Trail Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 15000.

No direct numeric recovery. Check its usage or equipment conditions.

Olive Three Compartment Lunchbox

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Olive Webbing Cargo Net

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Olive Wide Brim Adventure Hat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Onion rings

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +18 immediately

Hydration: -16 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +18 immediately

Hydration: -16 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Onyx Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Orange Double Ring Lashing Straps

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Orange Reflective Traffic Cone

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Orange Electrolyte Tablets X10

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Hydration: +15 immediately

Toilet need: +2.5/hr for 3 game hours, starts after 1 game hours

Additional conditions/effects: Uses 0.5L utility water; hydration +15

Auxiliary effect: Delayed relief need equals 50% of actual hydration recovered, spread over 3 hours after a 1-hour delay

Orange soda

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: -0.5 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Health: -0.5 immediately

Perceived temperature: -4 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Orange Gray Side Panel Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.85

Orange Wide Mouth Fluid Funnel

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Orange juice

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +3 immediately

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -4 immediately

Satiety: +3 immediately

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Orbita Handheld

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1000.

Base happiness: +6pt

Additional conditions/effects: Advance 1 game hour / No fatigue recovery / Happiness +6

Outdoor Heavy Puffer

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +12pt

Additional conditions/effects: Cold protection +12pt while equipped; shifts raw targets below 50 toward 50

Outdoor Insulated Vest

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +9pt

Additional conditions/effects: Cold protection +9pt while equipped; shifts raw targets below 50 toward 50

Outdoor Wool Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +35min

Sleep cold protection: +12pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +35 minutes / Sleep-only cold protection +12pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Pain Reliever

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Reuse cooldown: 6 game hours.

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Health +5

Pale Blue Oval Deodorant

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Pale Blue Pocket Tissues

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Pale Yellow Oval Sunscreen Bottle

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

No direct numeric recovery. Check its usage or equipment conditions.

Pan-fried gyoza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +4 immediately

Satiety: +30 immediately

Hydration: +4 immediately

Personal hygiene: -2 immediately

Base happiness: +1pt

Pancakes

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +25 immediately

Hydration: -6 immediately

Personal hygiene: -2 immediately

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Satiety +25 / Hydration -6 / Hygiene -2 / Perceived temperature +6

Pancakes

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +25 immediately

Hydration: -6 immediately

Personal hygiene: -2 immediately

Base happiness: +1pt

Pasta box

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +33 immediately
 Hydration: -14 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately

Cold condition:
 Perceived temperature: -3 immediately
 Satiety: +33 immediately
 Hydration: -14 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately

Hot condition:
 Perceived temperature: +6 immediately
 Satiety: +33 immediately
 Hydration: -14 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately

Spoiled condition:

Peach iced tea

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: +0.5/hr for 2 game hours
 Satiety: +1 immediately
 Hydration: +28 immediately
 Toilet need: +6.53/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately
 Time until rest: +15min

Cold condition:
 Health: +0.5/hr for 2 game hours
 Perceived temperature: -4 immediately
 Satiety: +1 immediately
 Hydration: +28 immediately
 Toilet need: +6.53/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately
 Time until rest: +15min

Pepperoni pizza

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +30 immediately
 Hydration: -16 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately

Cold condition:
 Perceived temperature: -3 immediately
 Satiety: +30 immediately
 Hydration: -16 immediately
 Personal hygiene: -4 immediately
 Vehicle cleanliness: -1 immediately

Spoiled condition:

Pepperoni pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +30 immediately
 Hydration: -16 immediately
 Personal hygiene: -4 immediately
 Sleep cold protection: +1pt
 Sleep health bonus: +1pt
 Hot retention time: x0.00
 Drink vehicle dirt: x0.00
 Additional conditions/effects: Satiety +30 / Hydration -16 / Hygiene -4 / Perceived temperature +6

Pepperoni pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
 Satiety: +30 immediately
 Hydration: -16 immediately
 Personal hygiene: -4 immediately
 Base happiness: +1pt

Performance Thermal Underwear Bottom

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +6pt
 Additional conditions/effects: Cold protection +6pt while equipped; shifts raw targets below 50 toward 50

Performance Thermal Underwear Top

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +8pt

Additional conditions/effects: Cold protection +8pt while equipped; shifts raw targets below 50 toward 50

Petrol Blue Vneck Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.85

Petrol Leather Slip On Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Cold protection: +1pt

Additional conditions/effects: Heat protection 1 / Cold protection 1

Phase Change Cooling Vest

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +14pt

Hot hygiene loss: x0.70

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 30% / Heat protection +14pt while equipped; shifts raw targets above 50 toward 50

Philly cheesesteak and wedges

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +50 immediately

Hydration: +10 immediately

Personal hygiene: -4 immediately

Base happiness: +3pt

Picnic Lightweight Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +20min

Sleep cold protection: +7pt

Sleep health bonus: +1pt

Additional conditions/effects: Time until rest +20 minutes / Sleep-only cold protection +7pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

Pill Medication Organizer

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Health: +5 immediately

Additional conditions/effects: Medicine packet cooldown 8h -> 7h (minimum 7h)

Pineapple juice

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +3 immediately

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -4 immediately

Satiety: +3 immediately

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Pixel Sprout

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1000.

Base happiness: +7pt

Additional conditions/effects: Advance 1 game hour / No fatigue recovery / Happiness +7

Pizza slice

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +22 immediately

Hydration: -12 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +22 immediately

Hydration: -12 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +38 immediately

Hydration: -16 immediately

Personal hygiene: -4 immediately

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Satiety +38 / Hydration -16 / Hygiene -4 / Perceived temperature +6

Pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +38 immediately

Hydration: -16 immediately

Personal hygiene: -4 immediately

Base happiness: +1pt

Plaid Wool Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +30min

Sleep cold protection: +10pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +30 minutes / Sleep-only cold protection +10pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Plateau Green Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Heat protection: +1pt

Additional conditions/effects: Light sunglass tint reduces sunlight/glare / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Plum Cushioned Mesh Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.95

Plum Lilac Trim Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +2pt

Additional conditions/effects: Cold protection 2

Plum Softshell Grip Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Additional conditions/effects: Cold protection 1

Plum Textured Knee Leggings

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Popcorn

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +12 immediately
Hydration: -15 immediately
Personal hygiene: -2 immediately
Vehicle cleanliness: -1 immediately

Port Gray Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Heat protection: +1pt
Additional conditions/effects: Light sunglass tint reduces sunlight/glare / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Portable Boot Dryer

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 80.

Additional conditions/effects: Equipped shoe durability +200 (capped at maximum)

Portable Cooling Mug

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 200.

Additional conditions/effects: Cold drinks add another -2pt to immediate perceived temperature; equipping alone does not directly change temperature
Auxiliary effect: Temperature retention will be connected when that system is implemented

Portable Hand Sanitizer

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Personal hygiene: +5 immediately
Additional conditions/effects: Hygiene +5

Portable Shoe Cleaning Brush

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt
Additional conditions/effects: Equipped shoe durability +100 (capped at maximum)

Portable Soap

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Personal hygiene: +10 immediately
Additional hygiene recovery: +5pt
Additional conditions/effects: Hygiene +10

Portable Tire Inflator

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 20.

Additional conditions/effects: For the next 500km, reduces tire-related steering drift/impact events by 50%

Portable Toothbrush

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt
Additional conditions/effects: Hygiene +5 extra recovery

Portable Vehicle Diagnostic Scanner

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

Additional conditions/effects: Shows Weak/Failed components and event causes among the 30 maintenance items

Potato chips

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +15 immediately
Hydration: -20 immediately
Personal hygiene: -2 immediately
Vehicle cleanliness: -1 immediately

Premium Lightweight Puffer

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +10pt

Additional conditions/effects: Cold protection +10pt while equipped; shifts raw targets below 50 toward 50

Pretzels

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +12 immediately

Hydration: -18 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Pro Durable Rain Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Rain-walk hygiene loss: x0.45

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 55% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Pro Large Capacity Thermos

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50

Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

Pro Waterproof Work Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Rain-walk hygiene loss: x0.85

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 15% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Pro Wool Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +35min

Sleep cold protection: +12pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +35 minutes / Sleep-only cold protection +12pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Purifier Filter Water Bottle

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 100.

Additional conditions/effects: With 0.5L utility water, hydration recovery increases from +20 to +25; no delayed relief need

Quick Dry Travel Towel

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 60.

Heat protection: +4pt

Additional hygiene recovery: +8pt

Hot hygiene loss: x0.85

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Auxiliary effect: Each personal hygiene action restores an additional 8 hygiene

Quilted Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +6pt

Additional conditions/effects: Cold protection +6pt while equipped; shifts raw targets below 50 toward 50

Rain Boots

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Rain-walk hygiene loss: $\times 0.80$

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 20% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Rechargeable Vehicle Mini Vacuum

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 30.

Vehicle cleanliness: +15 immediately

Additional conditions/effects: Cabin cleanliness +15

Red Black Combination Pliers

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Red Compact Fire Extinguisher

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Red Foldable Warning Triangle

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Red hot chicken and cola

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +8 immediately

Satiety: +40 immediately

Hydration: +22 immediately

Personal hygiene: -5 immediately

Base happiness: +2pt

Red Portable First Aid Pouch

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 1.

Major-accident health damage reduction: +10pt

Additional conditions/effects: Major collision health damage reduced by 10

Rest Sleep Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +20min

Sleep cold protection: +7pt

Sleep health bonus: +1pt

Additional conditions/effects: Time until rest +20 minutes / Sleep-only cold protection +7pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

Rest Wool Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +5pt

Additional conditions/effects: Cold protection +5pt while equipped; shifts raw targets below 50 toward 50

Reusable Cooling Gel Pack

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 20.

Perceived temperature: -8 immediately

Additional conditions/effects: Perceived temperature -8pt immediately; 20 uses

Auxiliary effect: For 1 game hours, Heat exposure accumulation $\times 0.80$

Reusable Cooling Neck Towel

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 60.

Heat protection: +5pt

Additional hygiene recovery: +5pt

Hot hygiene loss: x0.80

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Auxiliary effect: Each personal hygiene action restores an additional 5 hygiene

Rice ball

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +22 immediately

Hydration: -5 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +22 immediately

Hydration: -5 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

River Amber Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

River Brown Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

River Gray Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Roadtrip Travel Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +20min

Sleep cold protection: +7pt

Sleep health bonus: +1pt

Additional conditions/effects: Time until rest +20 minutes / Sleep-only cold protection +7pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

Rolled Gray Quick Dry Hand Towel

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 60.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Root beer

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: -0.5 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Health: -0.5 immediately

Perceived temperature: -4 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Round Hook Utility Light

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Round Telescopic Inspection Mirror

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Rugged Wired Vehicle Scanner

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Royal Blue Cropped Training Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 14000.

Heat protection: +4pt

Hot hygiene loss: x0.88

Additional conditions/effects: Heat protection 4 / Hot-weather hygiene multiplier 0.88

Rust Active Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 11% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Royal Blue Knit Cuff Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Additional conditions/effects: Cold protection 1

Rust Black Shoulder Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.85

Royal Blue Piped Sport Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.86

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.86

Rust Charcoal Brim Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Additional conditions/effects: Heat protection 2

Royal Blue White Piping Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Additional conditions/effects: Heat protection 2

Rust Cream Canvas Sneakers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Cold protection: +1pt

Additional conditions/effects: Heat protection 1 / Cold protection 1

Rubber Frame Gps Navigator

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Rust Navy Panel Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Sage Body Cleansing Wipes

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Sage Drawstring Tapered Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Salad cup

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Health: +1/hr for 2 game hours

Satiety: +18 immediately

Hydration: +8 immediately

Toilet need: +1.87/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Health: +1/hr for 2 game hours

Perceived temperature: -3 immediately

Satiety: +18 immediately

Hydration: +8 immediately

Toilet need: +1.87/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Salmon Flat Seam Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.86

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.86

Salted nuts

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +16 immediately

Hydration: -15 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Sand Blue Breathable Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Sand Brown Collar Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Maximum durability: 12000.

Cold protection: +2pt

Additional conditions/effects: Cold protection 2

Sand Bucket Hat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 8% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Sand Comfort Slides

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Sand Frame Laundry Hamper

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Sand Knit Walking Shoes

Equip it in a matching slot from the personal bag with R.
Merely owning it does not activate equipped effects.
Maximum durability: 12000.

Heat protection: +1pt
Hot hygiene loss: x0.95
Additional conditions/effects: Heat protection 1 /
Hot-weather hygiene multiplier 0.95

Sand Olive Knee Pants

Equip it in a matching slot from the personal bag with R.
Merely owning it does not activate equipped effects.
Maximum durability: 17000.

Heat protection: +3pt
Cold protection: +1pt
Hot hygiene loss: x0.90
Additional conditions/effects: Heat protection 3 / Cold
protection 1 / Hot-weather hygiene multiplier 0.9

Sand Leather Driving Gloves

Equip it in a matching slot from the personal bag with R.
Merely owning it does not activate equipped effects.
Maximum durability: 12000.

Cold protection: +1pt
Additional conditions/effects: Cold protection 1

Sand Olive Trucker Cap

Equip it in a matching slot from the personal bag with R.
Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather
hygiene loss reduced by 8% / Heat protection +3pt while
equipped; shifts raw targets above 50 toward 50

Sand Lightweight Driving Gloves

Equip it in a matching slot from the personal bag with R.
Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather
hygiene loss reduced by 4% / Heat protection +1pt while
equipped; shifts raw targets above 50 toward 50

Sand Rose Mirror Round Sunglass

Equip it in a matching slot from the personal bag with R.
Merely owning it does not activate equipped effects.
Maximum durability: 30000.

No direct numeric recovery. Check its usage or
equipment conditions.

Sand Lounge Cargo Shorts

Equip it in a matching slot from the personal bag with R.
Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather
hygiene loss reduced by 6% / Heat protection +3pt while
equipped; shifts raw targets above 50 toward 50

Sand Rugged Trail Shoes

Equip it in a matching slot from the personal bag with R.
Merely owning it does not activate equipped effects.
Maximum durability: 15000.

No direct numeric recovery. Check its usage or
equipment conditions.

Sand Neck Flap Sun Cap

Equip it in a matching slot from the personal bag with R.
Merely owning it does not activate equipped effects.
Maximum durability: 10000.

Heat protection: +4pt
Hot hygiene loss: x0.90
Additional conditions/effects: Heat protection 4 /
Hot-weather hygiene multiplier 0.9

Sand Urban Walking Shoes

Equip it in a matching slot from the personal bag with R.
Merely owning it does not activate equipped effects.

Additional conditions/effects: Durable walking shoes; no
direct stat change

Sandstone Cargo Shorts

Equip it in a matching slot from the personal bag with R.
Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather
hygiene loss reduced by 10% / Heat protection +4pt while
equipped; shifts raw targets above 50 toward 50

Sandwich

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +30 immediately
Hydration: -8 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Cold condition:
Perceived temperature: -3 immediately
Satiety: +30 immediately
Hydration: -8 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately
Spoiled condition:

Sausage roll

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +25 immediately
Hydration: -10 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Cold condition:
Perceived temperature: -3 immediately
Satiety: +25 immediately
Hydration: -10 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately
Spoiled condition:

Sea Wind Coat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +2pt
Additional conditions/effects: Slightly reduces cold-related temperature loss in wind/low temperatures / Cold protection +2pt while equipped; shifts raw targets below 50 toward 50

Seafood pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
Satiety: +32 immediately
Hydration: -8 immediately
Personal hygiene: -4 immediately
Sleep cold protection: +1pt
Sleep health bonus: +1pt
Hot retention time: x0.00
Drink vehicle dirt: x0.00
Additional conditions/effects: Satiety +32 / Hydration -8 / Hygiene -4 / Perceived temperature +6

Seafood pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately
Satiety: +32 immediately
Hydration: -8 immediately
Personal hygiene: -4 immediately
Base happiness: +2pt

Sealed Food Container

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Additional conditions/effects: Spoilage time +25% (does not apply to food requiring refrigeration)

Shoe Storage Tray

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

Additional conditions/effects: Vehicle cleanliness +2

Shrimp pad thai

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +5 immediately
Satiety: +45 immediately
Hydration: -5 immediately
Personal hygiene: -3 immediately
Base happiness: +3pt

Shrimp tacos

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +3 immediately
Satiety: +34 immediately
Hydration: -3 immediately
Personal hygiene: -2 immediately
Base happiness: +3pt

Silver Amber Aviator Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Silver Black Digital Pressure Gauge

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Silver Foldable Windshield Shade

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

No direct numeric recovery. Check its usage or equipment conditions.

Silver Folded Emergency Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 1.

Rest bonus: +10min
Sleep cold protection: +6pt
Additional conditions/effects: Sleep cold protection 6 / Rest effect (minutes) 10

Silver Folding Camp Table

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Silver Gray Heather Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt
Hot hygiene loss: x0.86
Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.86

Silver Mesh Pocket Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 14% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Silver Mesh Water Sandals

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Silver Portable Cab Speaker

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Sky Blue Navy Shoulder Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt
Hot hygiene loss: x0.85
Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.85

Sky Blue Ventilated Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Slate Blue Panel Sneakers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 15000.

No direct numeric recovery. Check its usage or equipment conditions.

Slate Blue Reflective Running Cap

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +2pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 2 /

Hot-weather hygiene multiplier 0.95

Slate Blue Tapered Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Slate Blue Trail Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Durable long-distance walking shoes; no direct stat change

Slate Blue Vneck Panel Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Heat protection 5 /

Hot-weather hygiene multiplier 0.85

Slate White Knee Band Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Sleep Noise Reduction Earplugs

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 60.

Rest bonus: +15min

Sleep health bonus: +1pt

Additional conditions/effects: Sleep health recovery +1, Time until rest +15 minutes

Smart Classic Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +20min

Sleep cold protection: +7pt

Sleep health bonus: +1pt

Additional conditions/effects: Time until rest +20 minutes / Sleep-only cold protection +7pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

Smart Layered Coat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +3pt

Cold protection: +3pt

Additional conditions/effects: All-season gear slightly reduces extreme cold/heat effects / Cold protection +3pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Sol Brown Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Heat protection: +1pt

Additional conditions/effects: Light sunglass tint reduces sunlight/glare / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Southern Gray Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Heat protection: +1pt

Additional conditions/effects: Light sunglass tint reduces sunlight/glare / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Spare Bulb Set

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Additional conditions/effects: Suppresses headlight/indicator input failures for 500km

Sparkling water

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -4 immediately

Hydration: +32 immediately

Toilet need: +7.47/hr for 3 game hours, starts after 1 game hours

Vehicle cleanliness: -1 immediately

Spicy pork ramen

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +8 immediately

Satiety: +42 immediately

Hydration: +18 immediately

Personal hygiene: -3 immediately

Base happiness: +2pt

Sports drink

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Hydration: +34 immediately

Toilet need: +5.67/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -4 immediately

Hydration: +34 immediately

Toilet need: +5.67/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Steak

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +38 immediately

Hydration: -12 immediately

Personal hygiene: -4 immediately

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Satiety +38 / Hydration -12 / Hygiene -4 / Perceived temperature +6

Steak

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +38 immediately

Hydration: -12 immediately

Personal hygiene: -4 immediately

Base happiness: +2pt

Steel Black Grip Travel Mug

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50

Additional conditions/effects: Heat retention x1.5

Steel Double Open End Wrench Set

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Steel Nail Nippers

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Steel Pistol Grip Grease Gun

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Steel Slant Tweezer Pair

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

Steel Three Hook Key Rack

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Stone Low Lace Up Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Cold protection: +1pt

Additional conditions/effects: Heat protection 1 / Cold protection 1

Stone Navy Side Stripe Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Strawberry cream waffle

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +1 immediately

Satiety: +27 immediately

Hydration: -6 immediately

Personal hygiene: -1 immediately

Base happiness: +2pt

Strawberry milk

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Satiety: +8 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +8 immediately

Hydration: +24 immediately

Toilet need: +5.6/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Strawberry sprinkle donut

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +1 immediately

Satiety: +18 immediately

Hydration: -6 immediately

Personal hygiene: -1 immediately

Base happiness: +2pt

Stream Black Multipurpose Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 16000.

Cold protection: +1pt

Additional conditions/effects: Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Auxiliary effect: More durable than equivalent cotton gloves

Stream Mint Cooling Headband

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 9000.

Heat protection: +1pt

Hot hygiene loss: x0.88

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Stream Gray Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Stream Mint Motion Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.88

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Stream Gray Utility Cargo Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 17000.

Heat protection: +3pt

Cold protection: +1pt

Hot hygiene loss: x0.90

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Auxiliary effect: More durable than equivalent pants

Stream Navy Active Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +4pt

Hot hygiene loss: x0.91

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 9% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Auxiliary effect: More durable than equivalent training shorts

Stream Gray Utility Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 16000.

Heat protection: +4pt

Hot hygiene loss: x0.88

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Auxiliary effect: More durable than equivalent shorts

Stream Navy Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 14000.

Heat protection: +5pt

Hot hygiene loss: x0.88

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Stream Navy Everyday Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 13000.

Heat protection: +2pt

Cold protection: +2pt

Hot hygiene loss: x0.96

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Cold protection +2pt while equipped; shifts raw targets below 50 toward 50 / Heat protection +2pt while equipped; shifts raw targets above 50 toward 50

Auxiliary effect: More durable than equivalent jogger pants

Stream Navy Sweat Wristband Set

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 8000.

Hot hygiene loss: x0.92

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 8%

Stream Oceanline Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt

Hot hygiene loss: x0.85

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

Auxiliary effect: More durable than equivalent performance T-shirts

Stream Olive Sweat Wristband Set

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Hot hygiene loss: x0.92

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 8%

Auxiliary effect: More durable than equivalent wristbands

Stream Olive Training Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +4pt

Hot hygiene loss: x0.91

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 9% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Stream Sand Cotton Driving Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Additional conditions/effects: Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Stream Sandwave Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +4pt

Hot hygiene loss: x0.88

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Auxiliary effect: More durable than equivalent T-shirts

Stream Vacuum Thermos

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x2.00

Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

Stream Vector Sweat Headband

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 11000.

Heat protection: +1pt

Hot hygiene loss: x0.88

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Auxiliary effect: More durable than equivalent headbands

Summer Linen Shirt

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +7pt

Hot hygiene loss: x0.85

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +7pt while equipped; shifts raw targets above 50 toward 50

Supreme pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +33 immediately

Hydration: -12 immediately

Personal hygiene: -4 immediately

Base happiness: +2pt

Sunny Cold Water Bottle

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 200.

Additional conditions/effects: Cold drinks add another -2pt to perceived temperature

Sushi roll

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Health: +0.25/hr for 2 game hours

Satiety: +25 immediately

Hydration: +2 immediately

Toilet need: +0.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Health: +0.25/hr for 2 game hours

Perceived temperature: -3 immediately

Satiety: +25 immediately

Hydration: +2 immediately

Toilet need: +0.47/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Sunny Gold Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Heat protection: +1pt

Additional conditions/effects: Light sunglass tint reduces sunlight/glare / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Sunshade Glass Shade

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

Additional conditions/effects: Cabin solar-heat adjustment reduced by 60%

Auxiliary effect: No effect at night or in rain

Sweat Absorbent Headband

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Hot hygiene loss: x0.90

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10%

Supreme pizza

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +6 immediately

Satiety: +33 immediately

Hydration: -12 immediately

Personal hygiene: -4 immediately

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Satiety +33 / Hydration -12 / Hygiene -4 / Perceived temperature +6

Sweet bun

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +18 immediately

Hydration: -6 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Taco

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +25 immediately
Hydration: -12 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately

Cold condition:
Perceived temperature: -3 immediately
Satiety: +25 immediately
Hydration: -12 immediately
Personal hygiene: -4 immediately
Vehicle cleanliness: -1 immediately
Spoiled condition:

Tan Visor Document Pouch

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Tan Wrap Travel Cutlery Set

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Meal hygiene loss: x0.50
Additional conditions/effects: Meal hygiene multiplier 0.5

Tan Brown Knuckle Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt
Additional conditions/effects: Cold protection 1

Taupe Fleece Grip Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +3pt
Additional conditions/effects: Cold protection 3

Tan Headrest Neck Pillow

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 50000.

No direct numeric recovery. Check its usage or equipment conditions.

Teal Box Shower Wipes

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt
Additional conditions/effects: Extra hygiene recovery 5

Tan Leather Comfort Sandals

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Teal Cream Side Stripe Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt
Cold protection: +2pt
Additional conditions/effects: Heat protection 2 / Cold protection 2

Tan Suede Ankle Boots

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +3pt
Additional conditions/effects: Cold protection 3

Teal Knee Length Training Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +6pt
Hot hygiene loss: x0.80
Additional conditions/effects: Heat protection 6 / Hot-weather hygiene multiplier 0.8

Teal Navy Mesh Training Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.95

Teal Navy Trim Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +2pt

Additional conditions/effects: Cold protection 2

Teal Orange Trail Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Durable long-distance walking shoes; no direct stat change

Teal Quick Dry Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 18% / Heat protection +6pt while equipped; shifts raw targets above 50 toward 50

Teal Ripstop Cargo Shorts

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 18% / Heat protection +6pt while equipped; shifts raw targets above 50 toward 50

Teal Sports Visor

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +3pt while equipped; shifts raw targets above 50 toward 50

Teal Tub Hand Cleaning Wipes

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

Teriyaki chicken rice bowl

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +5 immediately

Satiety: +44 immediately

Hydration: +8 immediately

Personal hygiene: -3 immediately

Base happiness: +2pt

Thermal Extreme Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +45min

Sleep cold protection: +18pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +45 minutes / Sleep-only cold protection +18pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Thermal High Insulation Bottle

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x2.00

Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

Thermal Insulated Boots

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt

Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Tiramisu

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Satiety: +20 immediately
 Hydration: -2 immediately
 Personal hygiene: -2 immediately
 Base happiness: +2pt

Tire Puncture Repair Kit

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Additional conditions/effects: For 200km, temporarily reduces Failed tire penalties to Weak level; does not reset service history

Toilet Wet Wipes

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 1.

Additional conditions/effects: Reduces relief-related hygiene loss from -10 to -3

Tomato juice

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: +0.75/hr for 2 game hours
 Satiety: +4 immediately
 Hydration: +30 immediately
 Toilet need: +7/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately
 Cold condition:
 Health: +0.75/hr for 2 game hours
 Perceived temperature: -4 immediately
 Satiety: +4 immediately
 Hydration: +30 immediately
 Toilet need: +7/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately

Tonic water

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Hydration: +30 immediately
 Toilet need: +7/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately

Cold condition:
 Perceived temperature: -4 immediately
 Hydration: +30 immediately
 Toilet need: +7/hr for 3 game hours, starts after 1 game hours
 Personal hygiene: -1 immediately
 Vehicle cleanliness: -1 immediately

Tortilla chips

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +15 immediately
 Hydration: -20 immediately
 Personal hygiene: -2 immediately
 Vehicle cleanliness: -1 immediately

Tortoiseshell Green Round Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

Tortoiseshell Pocket Comb

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt
 Additional conditions/effects: Extra hygiene recovery 3

Tough Leather Winter Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +4pt
 Additional conditions/effects: Cold protection +4pt while equipped; shifts raw targets below 50 toward 50

Tough Wool Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +35min

Sleep cold protection: +12pt

Sleep health bonus: +2pt

Additional conditions/effects: Time until rest +35 minutes / Sleep-only cold protection +12pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Trail Insulated Walking Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +7pt

Additional conditions/effects: Cold protection +7pt while equipped; shifts raw targets below 50 toward 50

Trail mix

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +18 immediately

Hydration: -10 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Trail Vacuum Bottle

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50

Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

Travel Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 90.

Rest bonus: +15min

Sleep cold protection: +6pt

Sleep health bonus: +1pt

Additional conditions/effects: Time until rest +15 minutes / Sleep-only cold protection +6pt for estimated sleep temperature

Auxiliary effect: Extra sleep health recovery +1; not applied above estimated perceived temperature 60

Travel Toothpaste

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Hygiene +5 extra recovery

Traveler Cold Water Bottle

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 200.

Additional conditions/effects: Cold drinks add another -2pt to perceived temperature

Treatment Medicine

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Reuse cooldown: 12 game hours.

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Max Health +5

Truck Exterior Cleaning Concentrate

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Vehicle cleanliness: +25 immediately

Additional conditions/effects: Exterior cleanliness +25

Tuna melt sandwich

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +3 immediately

Satiety: +36 immediately

Hydration: -5 immediately

Personal hygiene: -2 immediately

Base happiness: +2pt

Turkey club sandwich

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: +1 immediately
Satiety: +37 immediately
Hydration: -4 immediately
Personal hygiene: -2 immediately
Base happiness: +2pt

Ultralight Summer Shirt

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +6pt
Hot hygiene loss: x0.85
Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +6pt while equipped; shifts raw targets above 50 toward 50

Urban Ventilated Shirt

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +8pt
Hot hygiene loss: x0.80
Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +8pt while equipped; shifts raw targets above 50 toward 50

UV Blocking Lightweight Outerwear

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt
Hot hygiene loss: x0.85
Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

UV Lightweight Jacket

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +5pt
Hot hygiene loss: x0.85
Additional conditions/effects: Additional hot-weather hygiene loss reduced by 15% / Heat protection +5pt while equipped; shifts raw targets above 50 toward 50

UV Sunscreen

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Sun-walk hygiene loss: x0.70
Additional conditions/effects: Reduces sunlight-related environmental health/skin penalties by 30%, where applicable

Vacuum Thermal Mug

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Hot retention time: x1.50
Additional conditions/effects: Warm drinks add another +2pt to perceived temperature

Valley Gray Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Additional conditions/effects: Applies a light sunglass tint to reduce strong sunlight and glare

Valley Heavy Blanket

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 120.

Rest bonus: +35min
Sleep cold protection: +12pt
Sleep health bonus: +2pt
Additional conditions/effects: Time until rest +35 minutes / Sleep-only cold protection +12pt for estimated sleep temperature
Auxiliary effect: Extra sleep health recovery +2; not applied above estimated perceived temperature 60

Vanilla ice cream waffle

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Perceived temperature: -2 immediately
Satiety: +30 immediately
Hydration: -5 immediately
Personal hygiene: -2 immediately
Base happiness: +3pt

Vegetable pizza

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use.

Satiety: +30 immediately

Hydration: -10 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Perceived temperature: -3 immediately

Satiety: +30 immediately

Hydration: -10 immediately

Personal hygiene: -4 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition:

Veggie hummus sandwich

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Health: +1 immediately

Perceived temperature: +1 immediately

Satiety: +30 immediately

Hydration: -2 immediately

Personal hygiene: -1 immediately

Base happiness: +1pt

Veggie rice bowl

Consume this product through its on-site facility menu. It differs from groceries stored in the vehicle bag. Check the selected menu's price and progress prompt.

Health: +1 immediately

Perceived temperature: +2 immediately

Satiety: +28 immediately

Hydration: +18 immediately

Personal hygiene: -1 immediately

Base happiness: +1pt

Vehicle Butane Burner

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 200.

Additional conditions/effects: Heats one eligible food item from normal to Warm; requires one butane cartridge

Vehicle First Aid Kit

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 1.

Major-accident health damage reduction: +10pt

Additional conditions/effects: Health +10; does not remove injuries or maximum-health loss

Vehicle Fuse Set

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Additional conditions/effects: Suppresses one alternator/electrical lighting input failure event for 500km

Vehicle Insulated Film Kit

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 100000.

Additional conditions/effects: Cabin perceived-temperature approach speed toward the outside target $\times 0.75$

Auxiliary effect: Slows cooling/heating toward the target; does not change solar heat itself

Ventilated Driver Seat Cushion

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

Hot hygiene loss: $\times 0.90$

Additional conditions/effects: When HVAC is Weak or Failed, shifts hot targets toward 50 by -6pt

Auxiliary effect: Heat exposure accumulation $\times 0.85$;

Hot-weather hygiene loss multiplier $\times 0.90$ maintained

Ventilated Mesh Polo

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +7pt

Hot hygiene loss: $\times 0.80$

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +7pt while equipped; shifts raw targets above 50 toward 50

Ventilated Sandals

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +4pt

Hot hygiene loss: x0.80

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 20% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Vexel Pro

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1000.

Base happiness: +8pt

Additional conditions/effects: Advance 1 game hour / No fatigue recovery / Happiness +8

Vitamin

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Reuse cooldown: 8 game hours.

Sleep cold protection: +1pt

Sleep health bonus: +1pt

Hot retention time: x0.00

Drink vehicle dirt: x0.00

Additional conditions/effects: Prevents a total of 3pt health loss over 2 hours

Volcano Brown Sunglasses

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

Heat protection: +1pt

Additional conditions/effects: Light sunglass tint reduces sunlight/glare / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Wafer bar

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for , while driving.

Satiety: +10 immediately

Hydration: -6 immediately

Personal hygiene: -2 immediately

Vehicle cleanliness: -1 immediately

Warm White Coiled Light Strip

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Waterless Cleansing Foam

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Personal hygiene: +20 immediately

Additional conditions/effects: Hygiene +20

Waterproof Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Rain-walk hygiene loss: x0.85

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 15% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Waterproof Pants

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Rain-walk hygiene loss: x0.75

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 25% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Waterproof Shoe Gaiter

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Rain-walk hygiene loss: x0.85

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 15% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Waxed Waterproof Coat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Rain-walk hygiene loss: x0.45

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 55% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

White Beige Dry Shampoo

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +5pt

Additional conditions/effects: Extra hygiene recovery 5

White Black Sole Canvas Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Cold protection: +1pt

Additional conditions/effects: Heat protection 1 / Cold protection 1

White Blue Performance Walking Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Durable walking shoes; no direct stat change

White Cabin Gas Alarm

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

White Compact Cabin Fan

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

Hot hygiene loss: x0.90

Additional conditions/effects: Hot-weather hygiene multiplier 0.9

White Gray Sport Sunglass

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 30000.

No direct numeric recovery. Check its usage or equipment conditions.

White Lavender Summer Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

White Rechargeable Toothbrush Set

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

White Shaker Foot Powder

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

Additional hygiene recovery: +3pt

Additional conditions/effects: Extra hygiene recovery 3

White Travel Toilet Seat Covers

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 60.

No direct numeric recovery. Check its usage or equipment conditions.

White Ventilated Bucket Hat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 12% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Wide Brim Sun Hat

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +4pt

Hot hygiene loss: x0.90

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 10% / Heat protection +4pt while equipped; shifts raw targets above 50 toward 50

Wind Breeze Shirt

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +2pt

Additional conditions/effects: Slightly reduces cold-related temperature loss in wind/low temperatures / Cold protection +2pt while equipped; shifts raw targets below 50 toward 50

Wine Black Panel Joggers

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +2pt

Cold protection: +2pt

Additional conditions/effects: Heat protection 2 / Cold protection 2

Wine Black Seam Tee

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Heat protection: +5pt

Hot hygiene loss: x0.86

Additional conditions/effects: Heat protection 5 / Hot-weather hygiene multiplier 0.86

Wine Charcoal Mesh Running Shoes

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Heat protection: +1pt

Hot hygiene loss: x0.95

Additional conditions/effects: Heat protection 1 / Hot-weather hygiene multiplier 0.95

Winter Diesel Anti Gel

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 1.

Additional conditions/effects: For 24 game hours, reduces battery/starter/accessory-belt start failures by 50%

Winter Face Mask

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Cold protection: +3pt

Additional conditions/effects: Cold protection +3pt while equipped; shifts raw targets below 50 toward 50

Winter Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +3pt

Additional conditions/effects: Cold protection +3pt while equipped; shifts raw targets below 50 toward 50

Winter Waterproof Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 12000.

Cold protection: +1pt

Rain-walk hygiene loss: x0.85

Additional conditions/effects: Rainy-walk environmental hygiene loss reduced by 15% / Cold protection +1pt while equipped; shifts raw targets below 50 toward 50

Wool Scarf

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects. Maximum durability: 10000.

Cold protection: +4pt

Additional conditions/effects: Cold protection +4pt while equipped; shifts raw targets below 50 toward 50

Yellow Black Combination Pliers

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. Maximum durability: 500.

No direct numeric recovery. Check its usage or equipment conditions.

Yellow Bumper Digital Multimeter

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 300.

No direct numeric recovery. Check its usage or equipment conditions.

Yellow Double Head Escape Hammer

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Yellow Gray Breathable Gloves

Equip it in a matching slot from the personal bag with R. Merely owning it does not activate equipped effects.

Additional conditions/effects: Additional hot-weather hygiene loss reduced by 4% / Heat protection +1pt while equipped; shifts raw targets above 50 toward 50

Yellow Rope Handle Wheel Chock

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Yellow Tube Sunscreen Lotion

Register it from the personal bag with R in a hygiene-tool slot, then select it in X near the vehicle. Maximum durability: 1.

No direct numeric recovery. Check its usage or equipment conditions.

Yellow Waterproof Carry Duffel

Register it from the personal bag with R in a dedicated vehicle slot for its registered effects. Check quantity and durability. Maximum durability: 40000.

No direct numeric recovery. Check its usage or equipment conditions.

Yogurt drink

Stop with engine OFF and parking brake ON, open Tab, select it and press E to consume/use. It is eligible for . while driving.

Health: +0.25/hr for 2 game hours

Satiety: +7 immediately

Hydration: +25 immediately

Toilet need: +5.83/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Cold condition:

Health: +0.25/hr for 2 game hours

Perceived temperature: -3 immediately

Satiety: +7 immediately

Hydration: +25 immediately

Toilet need: +5.83/hr for 3 game hours, starts after 1 game hours

Personal hygiene: -1 immediately

Vehicle cleanliness: -1 immediately

Spoiled condition: